

# HILLWALK TOURS

SELF-GUIDED  
HIKING TOURS



[WWW.HILLWALKTOURS.COM](http://WWW.HILLWALKTOURS.COM)

UPDATED  
DECEMBER 2025



# OUR STORY



James Byrne (the founder of Hillwalk Tours) began this adventure in October 2008.

Motivated by the simple idea of helping people to re-connect with the great outdoors, he set out hiking the incredible walking trails that Ireland has to offer.

**‘IN EVERY WALK WITH NATURE,  
ONE RECEIVES FAR MORE THAN HE SEEKS’**



Having already visited these beautiful locations by car, he soon realised it was nowhere near as rewarding as the life-changing experience of visiting them on foot.

Hiking allowed him to feel emotions at new heights - the exhilaration of reaching his destination was second to none. He had found his calling.



## FROM THE FIRST TOUR TO TODAY

From the humble beginnings of James arranging the first tour on a laptop from his bedroom in March 2009 (The Beara Way, still on offer today!) Hillwalk Tours have gone on to provide amazing hiking experiences to more than 25,000 happy customers.

2011 saw Hillwalk Tours become more than a one-person operation with the addition of Anthony Barrett who had spent his life immersed in the tourism industry. James and Anthony shared an apartment which became their centre of operations. In 2012 the company moved to an office in the GMIT Innovation Hub, Galway. The team expanded to include Hauke Steinberg (Route Development), Nóirín Gillespie (Customer Experience), Richard Davis (Marketing & Technology) and Eimear O'Connor (Human Resources).

Since those early days the team has expanded even further and taking onboard feedback from our valued customers, we added more hiking tours and began offering tours in Scotland and England in 2012 and 2015 respectively.

Having outgrown office after office in the GMIT innovation hub and eventually moving out of our biggest office, Hillwalk Tours found it's new and current home in the Galway Technology Centre in 2016, now known as Platform 94.

2017 saw us expand beyond Ireland and the UK, selling our first tour outside of these regions – the famed Camino de Santiago pilgrimage in Spain. More Irish and UK trails were added over the next few years and we now cover many of the best hiking trails in the world as well as Portugal with our Fishermen's Trail and Algarve tours.





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**Please Note** that the prices herein are correct at time of publication. Check our website for correct and accurate prices as they may be subject to change.

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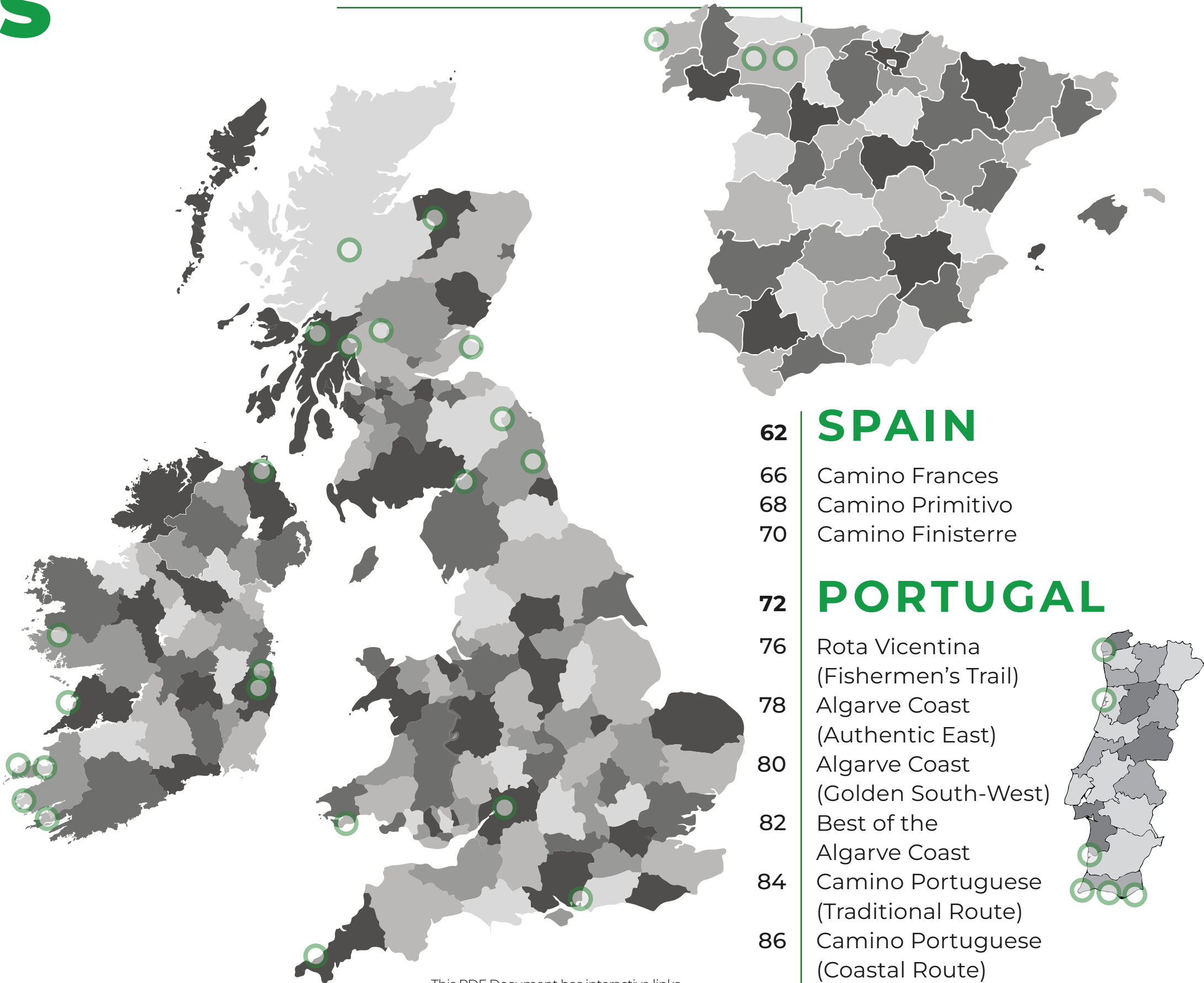
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# IRELAND





# WHY

# IRELAND?

Ireland is well known in all corners of the world, conjuring images of lush green landscapes, rugged wild coastlines and the mysterious sites left behind by the ancient Celts. A land where the lines between history and legend are not so clearly defined where an air of myth and magic can be felt. Ireland is also known for the warmth and friendliness of her people and of course the 'craic'.

The last decade or so has seen a boom in tourism with interest in the Emerald Isle on the increase. With a number of high-profile film and TV projects being shot here and the popularity of The Wild Atlantic Way, Ireland has become a must visit for travelers! More than 8 million people from all over the world visited the country in 2023. Some traced their Irish ancestry, some came for work, others just for exploration and adventure.

Ireland's hiking trails are a captivating and immersive way to rekindle that connection with nature that our souls so deeply crave. Whether you are looking to experience the culture in an authentic setting or simply hoping to breathe in some salty Atlantic air, you are sure to leave refreshed and energised with a renewed sense of spirit as well as memories to last a lifetime. Best of all is that there are hiking trails to suit every level.



## WHAT'S TO SEE?

From peaceful remote walks on mountainous terrain blanketed in yellow Irish wildflower to coastal trails looking out at dramatic seascapes, Ireland offers a treasure trove of diverse and stunning views.

Steeped in history and ancient myth, the echoes of centuries gone by are dotted around the rolling green landscape and rugged coastline, there is always so much to see. Despite the popularity of some of the trails they manage to maintain a sense of being 'untouched'.





# DINGLE WAY

FROM  
**€489**  
PER PERSON

Choose From  
4-12 Day Tours

**Elevation:**  
Highest point - 2,133 ft / 650 m above sea level.

**Difficulty:**  
Suitable for beginner to moderately experienced hikers.



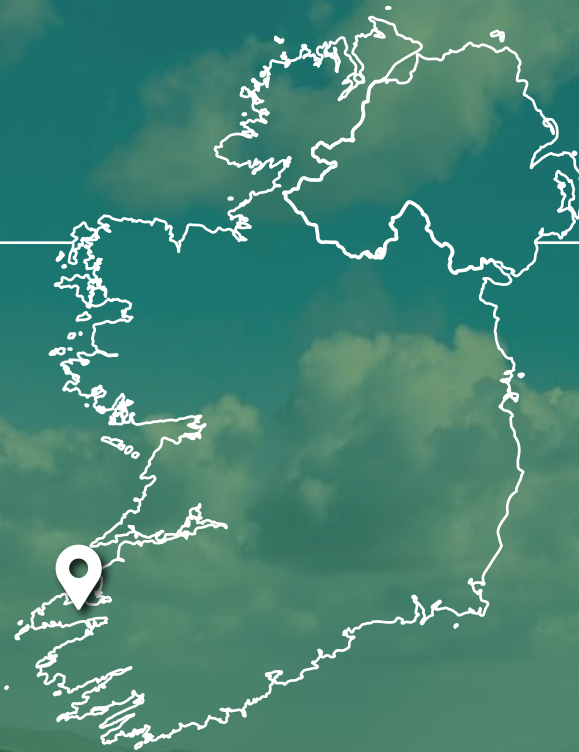
The Dingle way has it all - rugged, mountainous views, the crashing of Atlantic waves against Slea Head, the tranquillity of the countryside and sprawling sandy beaches of the Maharees.

There's a reason the National Geographic Traveller magazine named it "the most beautiful place on Earth".

Not just limited to awe-inspiring scenery, the Dingle Way is also rich in history and culture, with a variety of interesting and historical sites to be seen.

Margaret B.  
- Netherlands

*"We had a great trip, all went to plan. Route was amazing and we were blessed with good weather."*





# WICKLOW MOUNTAINS

FROM  
**€519**  
PER PERSON

Choose From  
4-10 Day Tours



*"The walk was magnificent. Each segment held its own beauty. Everything went smoothly."*

Steven M.  
- USA

## Elevation:

Highest point - 1,969 ft / 600 m above sea level.

## Difficulty:

Suitable for beginner, moderate and expert hikers.



Experience true hillwalking with breath-taking mountain and lake scenery just a short distance from the hustle and bustle of Dublin City. This is a unique opportunity to view a wide variety of native Irish plants and wildlife in an area even older than the Himalayas and the Alps.

Situated in Ireland's Ancient East, see medieval churches and an almost 1,000 year old Round Tower at the early Christian monastic settlement of Glendalough.

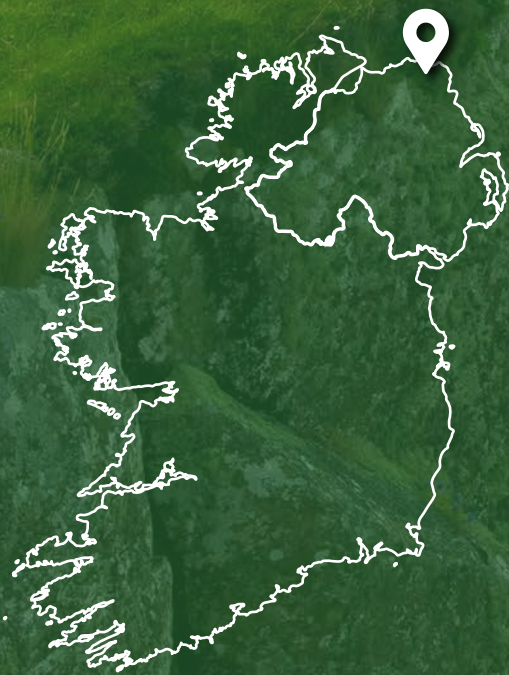




# ANTRIM GLENS & CAUSEWAY COAST

FROM  
**€499**  
PER PERSON

Choose From  
5-10 Day Tours



Jim H.  
- USA

*"The walk was stunning,  
the process was well-  
organised, and we were  
pleased with the B&B's."*

**Elevation:**  
Highest point - 1,640 ft / 500 m above sea level.

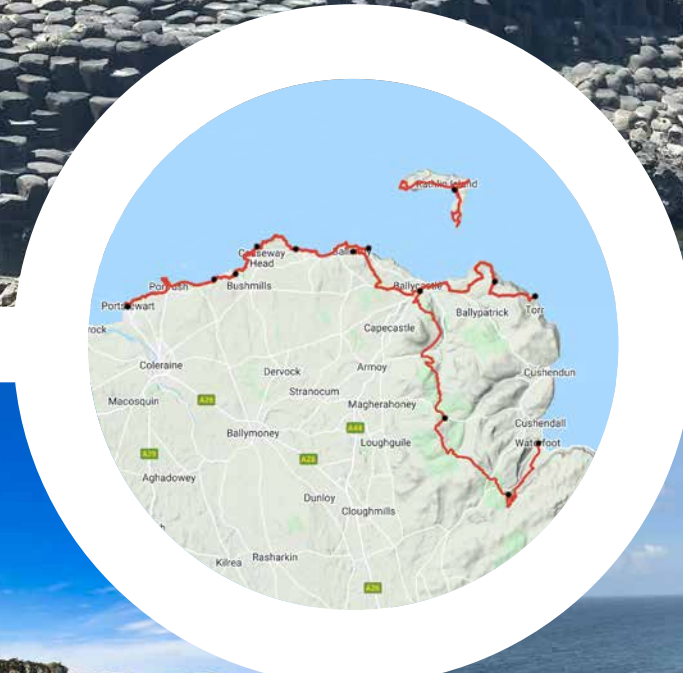
**Difficulty:**  
Suitable for beginner to moderately experienced hikers.



Experience some of the world's finest coastal walking while visiting iconic tourist attractions like Dunluce Castle, Carrick-a-Rede Rope Bridge, the nature reserve on Rathlin Island and the Giants Causeway.

Beautiful and inspiring, this trail is situated in Northern Ireland which is part of the United Kingdom. What's more is that sites along part of the trail were used in filming the TV series Game Of Thrones.

Natural beauty and world renowned attractions aside, great food, pubs and people will make hiking here an unforgettable experience.





# KERRY WAY

FROM  
**€429**  
PER PERSON

Choose From  
4-12 Day Tours

bluewaterdiva.  
– USA

*“The Kerry Way is absolutely spectacular and each day brought new vistas of the countryside and coastline. We are very grateful for the planning of our tour.”*



**Elevation:**  
Highest point - 1,263 ft / 385 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Pass through some of Ireland's most dramatic and isolated countryside as you walk in the shadows of the country's three highest summits. If you are feeling ambitious this is the tour for you as it is Ireland's longest hiking trail. That said, shorter trails are available.

Experience the lively Irish music scene of Killarney and Kenmare, take a unique and memorable boat trip on the famous lakes of Killarney, be regaled by great local story tellers or take a trip out to the island of Skellig Micheal. There is all this and so much more to do and see on the Kerry Way.





# BEARA WAY

FROM  
**€499**  
PER PERSON

Choose From  
5-11 Day Tours



*"The tour provided a view of Ireland that isn't available with canned tours. Wonderful, peaceful countryside with spectacular views."*

Cathy S.  
- USA

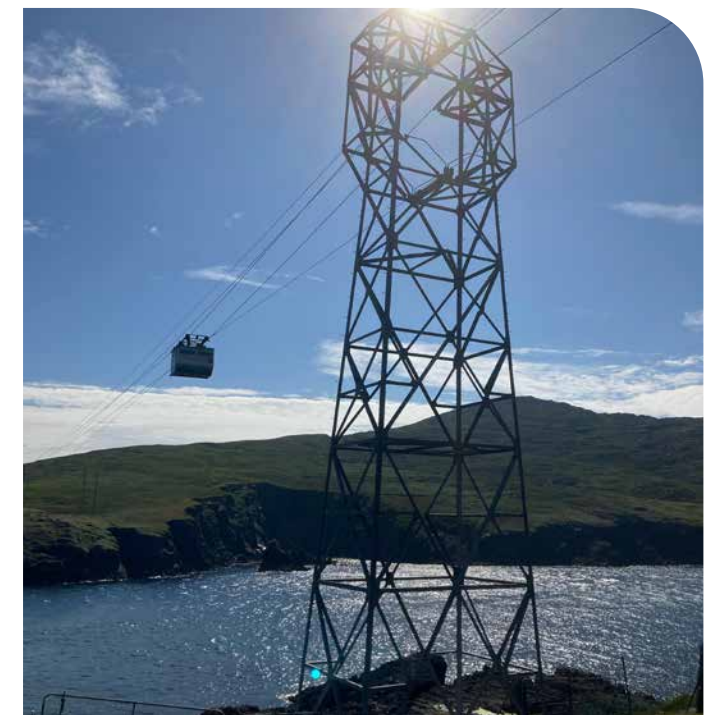
**Elevation:**  
Highest point - 1,837 ft / 560 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Enter an unspoiled world of stunning mountain and lake landscape surrounded by spectacular sea coast. Standing stones and burial structures provide a window into the regions pre-historic past.

This wild and remote hiking trail is a true hidden gem in Ireland. Its rugged scenery is contrasted with the colourful and quaint villages that walkers will pass through each providing fantastic pubs, eateries and attractions - including Ireland's only cable car to Dursey Island.

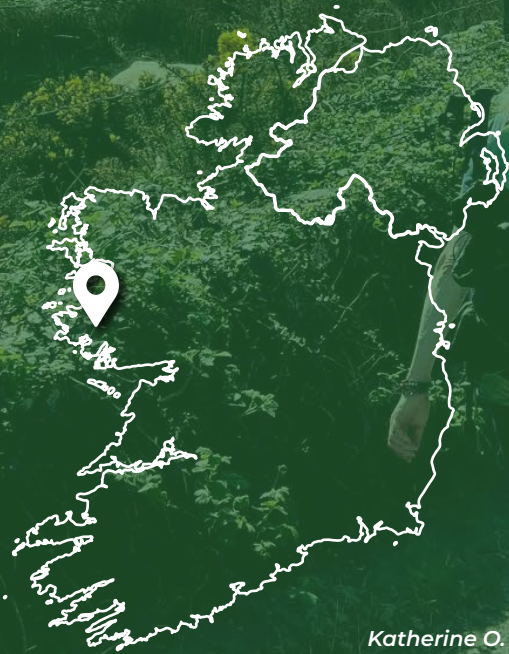




# CONNEMARA & THE WEST OF IRELAND

FROM  
**€779**  
PER PERSON

Choose From  
5-10 Day Tours



Katherine O.  
- USA

*"It's the best way to really see the country. I've driven in Ireland and it just doesn't compare. I would definitely recommend."*

**Elevation:**  
Highest point - 1,558 ft / 475 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Immerse yourself in an authentic cultural environment while experiencing captivating coastal and mountain walking. Allow an abundance of Irish culture, music and language to charm and enthrall you against the beautiful backdrop of the rugged West of Ireland & Connemara region that has inspired writers such as Oscar Wilde and W.B. Yeats.

Explore Inis Mór, an island on the very edge of Europe - steeped in natural beauty with 50+ different historical monuments spanning Christian, pre-Christian and Celtic periods including one of the best-known prehistoric hill forts in Ireland.





# BURREN WAY & CLIFFS OF MOHER

FROM  
**€649**  
PER PERSON

Choose From  
4-7 Day Tours

**Elevation:**  
Highest point - 984 ft / 300 m above sea level.

**Difficulty:**  
Suitable for moderate and expert hikers.



Enter a world of untold natural beauty - walk high above the Atlantic Ocean along the world famous Cliffs of Moher (considered by many to be one of the wonders of the world). See the grey limestone hills and valleys of the karst Burren landscape peppered with beautiful and unique wildflowers. Unwind with great pub food and Irish music in authentic villages like Doolin, Ballyvaughan and Lahinch.

Visit historical and pre-historical monuments such as Neolithic dolmens, early Christian churches and medieval castles as well as 300-million-year-old fossils.



Chrissy C.  
- USA

*"Extraordinarily well planned. You enabled us to relax and engage with the landscape and people in an authentic way. Best trip ever."*





# KERRY CAMINO

FROM  
**€649**  
PER PERSON

Choose A  
5 Day Tour

**Elevation:**  
Highest point - 755 ft / 230 m above sea level.

**Difficulty:**  
Suitable for moderately experienced hikers



Walk from Tralee to Dingle and follow in the footsteps of pilgrims who were headed to St James' Church from where they would set sail for Spain for the longer Camino de Santiago.

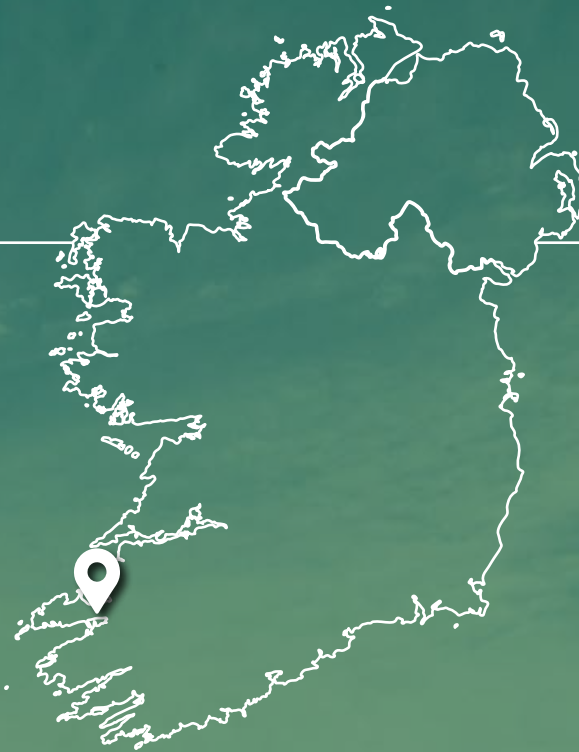
St Brendan took this route in 512 AD when he set sail on his quest for paradise. Many believe he discovered America long before Christopher Columbus!

Take in the breath-taking scenery of the Dingle Peninsula (Dubbed the 'most beautiful place on earth' by the National Geographic) while soaking up the rich culture the area has to offer.



*"It was so well planned. The attention to detail and the responsiveness was very reassuring. Everything we needed for this trip to be a success, was provided."*

Robyn C.  
- USA





# ST KEVIN'S WAY & GLENDALOUGH

FROM  
**€519**  
PER PERSON

Choose From  
4-5 Day Tours



Petra G.  
– Austria

*"It was the second tour we booked with you and again everything was very professionally organised. We enjoyed our vacation very much. Ireland is a beautiful country."*

## Elevation:

Highest point - 1,640 ft / 500 m above sea level.

## Difficulty:

Designed with the part-time hiker in mind.



This gentle trail is perfect for beginners and walkers with an interest in history. Follow the medieval pilgrim trail of St Kevin's Way to the ancient monastery in the magnificent 'valley of the two lakes', Glendalough."

The 6th century monastic settlement of Glendalough contains many early medieval churches and an almost 1000 year old Round Tower. Steeped in history, the Wicklow Mountains were also used as a stronghold for Irish clans and rebels to hide during English rule.

Lakes, rivers, archaeology, an abundance of wildlife and the ancient forest of the Clara Vale Nature Reserve make this varied trail a must see for all lovers of ancient Irish history.





A hiker in a blue jacket and backpack is walking away on a rocky, dirt path that winds through a vast, open landscape. The ground is covered with green grass and patches of purple heather. In the background, there are rolling hills and several prominent, dark, conical mountains under a sky filled with heavy, grey clouds. The overall scene is one of a rugged, natural Scottish highland environment.

# SCOTLAND



# WHY SCOTLAND?

Scotland is known as one of the best places in the world to go hiking with trails to suit walkers of all levels. Around every corner you will be treated to a feast for the eyes. With trails meandering through beautiful valleys, legendary lochs, dramatic coastlines, rugged cliffs in the shadows of imposing mountains, there is a vast array of photo opportunities. Prepare to have your breath taken away by Scotland's beautiful scenery and natural landscapes. You might even spot dolphins, puffins, seals or perhaps even the legendary Loch Ness Monster if you are really lucky!

Known the world over for its famous Whisky, trails in Scotland such as the Speyside Way & Cairngorms are ideal for those fond of a "wee dram". Sample the world's finest in famous distilleries such as 'The Glenlivet Distillery', 'The Glenfiddich Distillery', 'The Macallan Distillery' and many more.

If history is more your thing then there is an abundance of castles, crannogs, Roman forts, Jacobite bridges and so much more to be discovered along its trails.

This year Hillwalk Tours have launched the West Highland Line: Train & Hike tours where you get to sample some of the best hiking stages of the West Highland Way and Great Glen Way with trips on one of the most scenic train lines in the world.



## WHAT'S TO SEE?

Behold the magnificent mountainous terrain of the Scottish Highlands which includes Ben Nevis - the highest peak of United Kingdom at 4,412 ft / 1,345 m above sea level. See picturesque canals and peaceful lochs dotted around the Scottish Highlands.

Another very beautiful place in Scotland, located between Edinburgh and Dundee is the Fife Coastal Path. It has nearly 200km (124 miles) of trails along pristine beaches, beautiful fishing harbours and a great variety of wildlife.





# WEST HIGHLAND WAY

FROM  
**£489**  
PER PERSON

Choose From  
4-10 Day Tours

## Elevation:

Highest point - 1,804 ft / 550 m above sea level.

## Difficulty:

Suitable for beginner, moderate and expert hikers.



The West Highland Way is one of the world's classic long-distance walks and forms part of the International Appalachian Trail. As a popular trek, it provides lots of opportunity to meet people and enjoy a special camaraderie with other hikers.

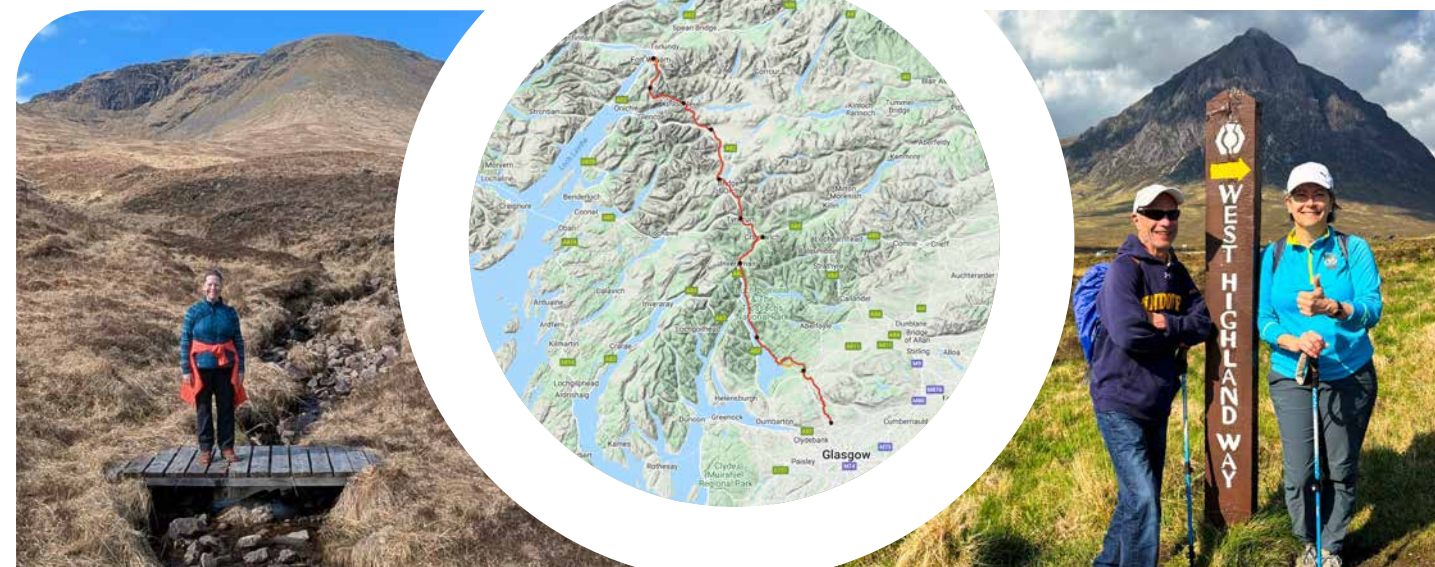
Witness stunning lakes and mountainous scenery like Loch Lomond (the UK's largest lake), and Ben Nevis (the UK's highest mountain), along with the beautiful Trossachs National Park.

Add an additional day to the end of your tour at Fort William to ride on the Harry Potter steam train to Mallaig, climb Ben Nevis or for a taste of Scotland, visit Glengoyne Distillery – one of the world's most beautiful distilleries.



Jill A.  
– USA

*"The West Highland Way is awesome. And Hillwalk Tours allowed us to enjoy it fully because we were free from the usual busyness of travelling."*





# GREAT GLEN WAY & LOCH NESS

FROM  
**£549**  
PER PERSON

Choose From  
4-9 Day Tours

**Elevation:**  
Highest point - 1,385 ft / 422 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Fantastic forest and lake scenery offer plenty of opportunity for pictures and if you're lucky you might even catch a glimpse of the Loch Ness Monster!

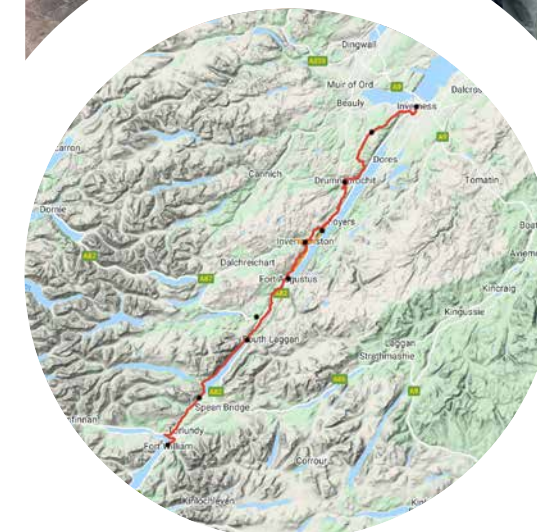
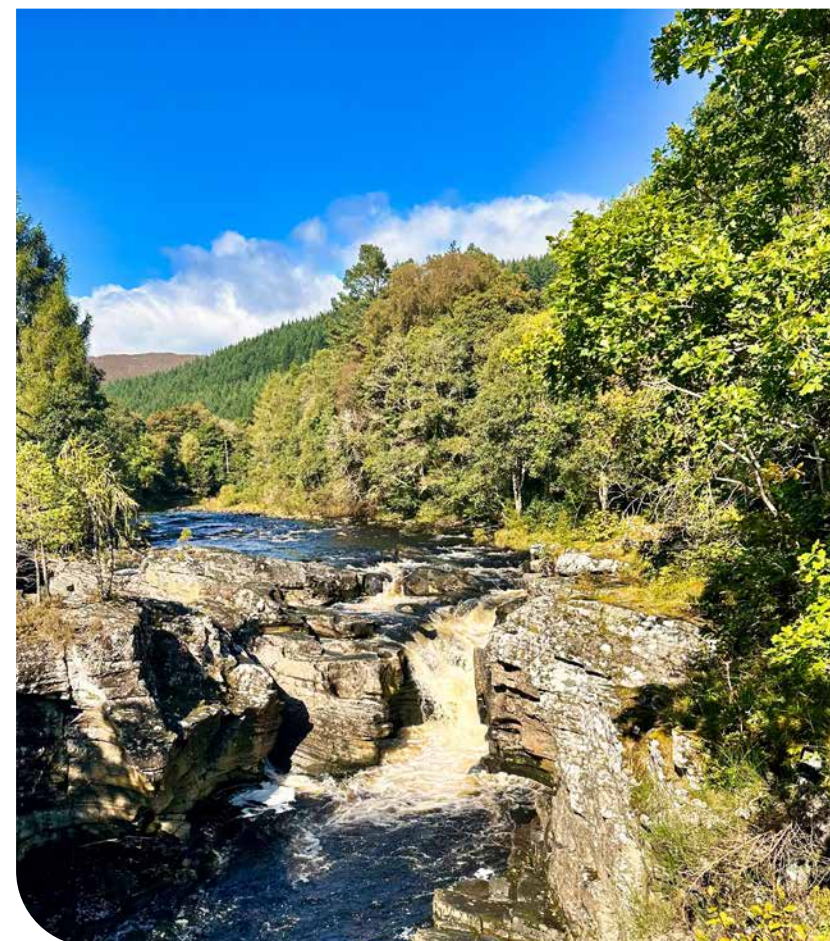
With lots of low-level terrain, this route is a great introduction to long-distance walking by hiking along the iconic Loch Ness and across the Scottish Highlands from coast-to-coast.

Witness the imposing Ben Nevis mountain, the iconic Urquhart Castle on the shores of Loch Ness and learn of the region's turbulent history.



Jessica M.  
- USA

*"This is the second time I've Hiked with Hillwalk Tours. Both times I have been absolutely thrilled with them. The company is very thorough and makes one feel completely at ease touring a new region"*





# ROB ROY WAY



FROM  
**£559**  
PER PERSON

Choose From  
5-10 Day Tours

## Elevation:

Highest point - 1,837 ft / 560 m above sea level.

## Difficulty:

Suitable for beginner, moderate and expert hikers.



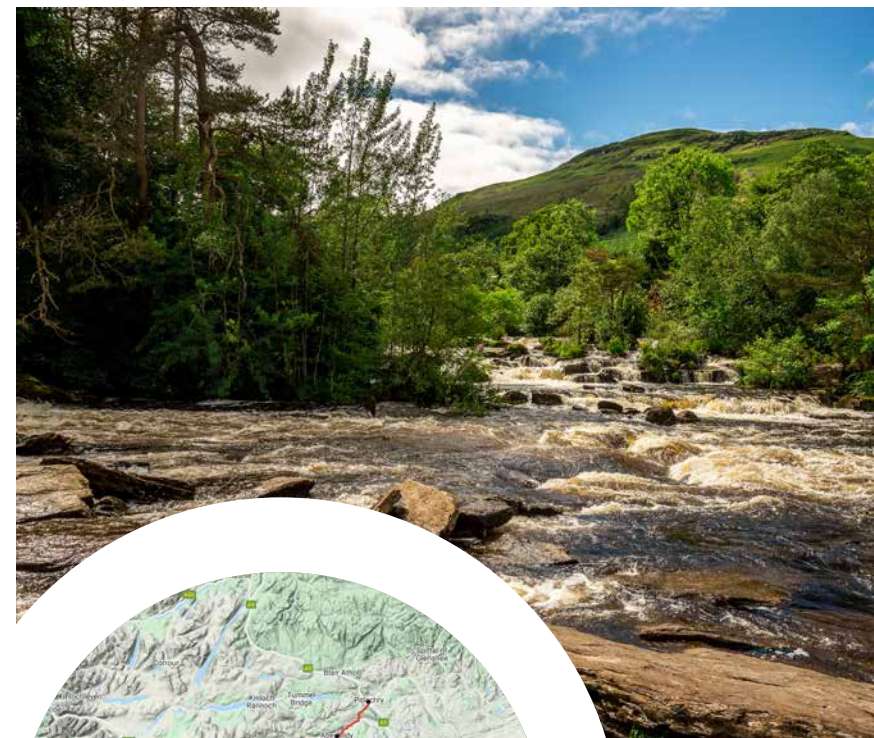
This route takes its name from Rob Roy Mac Gregor, a 17th and 18th century Scottish folk hero and outlaw, known as 'The Scottish Robin Hood'.

Pass through gorgeous glens and quaint villages all while taking in the staggering scenery of the Highlands.

This is one for the history fans, with pre-historic stone circles, crannogs and standing stones, Roman forts and viaducts, military roads and bridges (built during the Jacobite rebellion), among some of the features along the trail.

Sidney W.  
- USA

*"We had a great time hiking the Rob Roy trail and didn't have a single issue along the way."*





# FIFE COASTAL PATH



FROM  
**£699**  
PER PERSON

Choose From  
5-10 Day Tours

**Elevation:**  
Highest point - 164 ft / 50 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



One of Scotland's best coastal trails with picturesque fishing harbours, expansive golden beaches immortalized in the film "Chariots of Fire" and interesting local history.

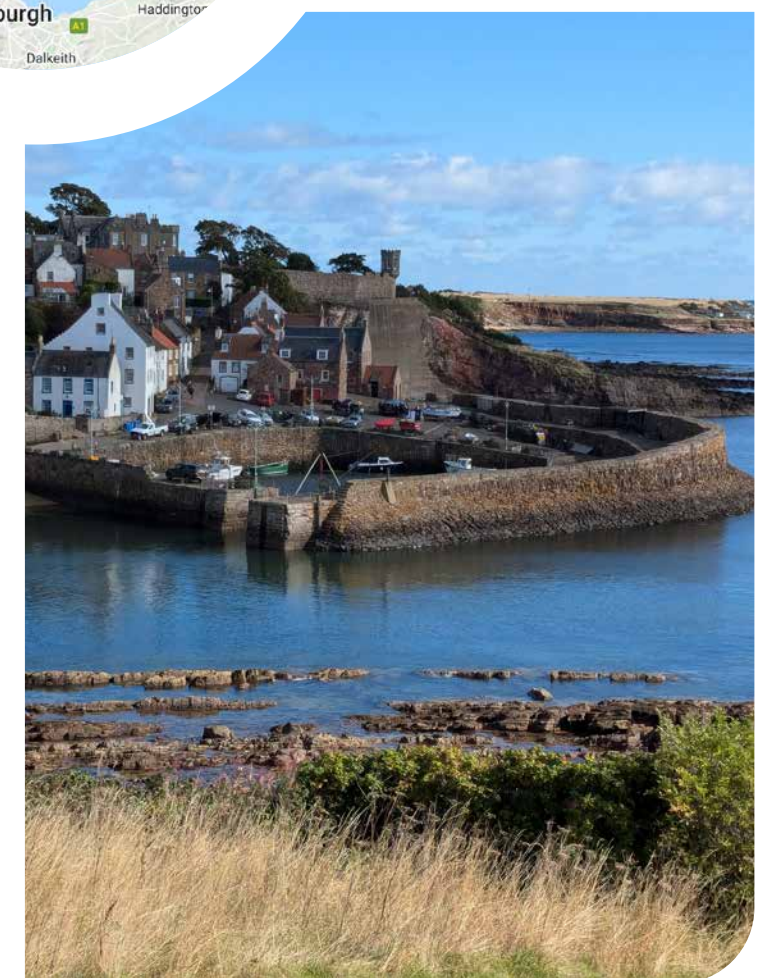
This area is home to a wide variety of wildlife such as wading birds and seals at Tentsmuir Nature Reserve, dolphins and the protected red squirrel.

Visit St Andrews, the 'home of golf' and one of the UK's top Colleges which traditionally educates members of the British royal family. Explore the ruins of St Andrews Castle and cathedral, wander the quaint streets lined with shops and cafes as well as the statue of Hamish McHamish, the town's feline ambassador.



Katie S..  
- Switzerland

*"The hike was much more enjoyable with someone helping us with the logistics."*





# SPEYSIDE WAY & CAIRNGORMS

FROM  
**£679**  
PER PERSON

Choose From  
5-9 Day Tours

**Elevation:**  
Highest point - 1,017 ft / 310 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Follow the valley of The River Spey through the heart of the Speyside Whisky Region on one of Scotland's Great Trails.

This area has the largest concentration of distilleries in Scotland (more than 30!), including the world famous Glenfiddich, The Glenlivet and The Macallan.

Seals and dolphins can be seen on the coastline while birds of prey and other wildlife can be spotted along the trail. Get in touch with Scottish history on a visit to the magnificent Ballindaloch Castle or enjoy two of Scotland's Heritage railways at Dufftown, Boat of Garten and Aviemore.

Esther D.  
- Netherlands

*"Everything went smooth after booking the holiday. I had a great exprience."*





# ST CUTHBERT'S WAY

FROM  
**£549**  
PER PERSON

Choose From  
4-9 Day Tours



Jasmine A.  
- USA

*"The entire experience was amazing! No stress what so ever, I just woke up and went on an amazing hike each day. One of the best weeks of my life."*

**Elevation:**  
Highest point - 1211 ft / 369 m above sea level.

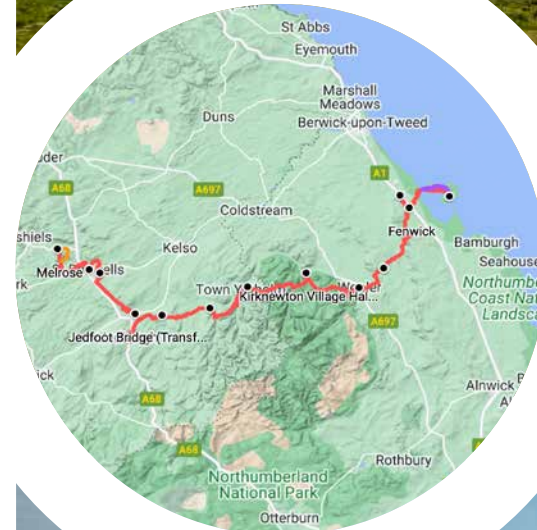
**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Hike through the borderlands of Scotland and England on a fantastic journey through a landscape that is in equal parts beautiful and fascinating.

Starting in the picturesque town of Melrose, overlooked by the Eildon Hills and ending with a unique barefoot crossing of the tidal mudflats to the Holy Island of Lindisfarne, you will encounter significant sites like Melrose Abbey, St Cuthbert's Cave and Lindisfarne Priory.

With a mix of gentle farmland, green valleys and riverside pathways, this route is a great introduction to long-distance walking in an area filled with historical significance.





# WEST HIGHLAND LINE: TRAIN & HIKE

FROM  
**£729**  
PER PERSON

Choose From  
5-9 Day Tours

## Elevation:

Highest point - 1,266 ft / 386 m above sea level.

## Difficulty:

Suitable for beginner and moderate hikers.



Combine one of the world's most scenic railway lines with globally renowned hiking trails and you have The West Highland Line: Train & Hike tour.

Experience the wild magic of the western Highlands of Scotland and ride the train to experience a whistle stop tour unlike any other. You will travel deep into the heart of Scotland sampling the best of the West Highland Way and Great Glen Way as well as legendary towns like Fort William and Oban.

Ride on the Harry Potter steam train to Mallaig as it crosses the picturesque Gelnfinnan Viaduct, probably the most famous piece of rail track in the world after it was used by the Harry Potter films as part of the route to Hogwarts.



Kellie G.  
- USA

*"Hillwalk Tours took all of the stress out of planning a hike in an unfamiliar country. My friend and I felt extremely comfortable and prepared to hike abroad."*





# ENGLAND







# WHY ENGLAND?

Home to a wealth of historical and heritage sites, England is a fascinating location for long distance walkers, lovers of history and for the naturally curious.

Charming countryside villages, preserved historical towns and stunning coastlines make for a varied selection of landscapes for walkers to traverse.

This diversity means that each walking trail available offers something unique.

All over England, centuries of history are folded into the fabric of everyday life.

From the mystical, magical remnants of the era of druids to the intricate cathedrals and castles dotted around the country and the recent history of the industrial revolution, there is always something fascinating to find.

Why not try afternoon tea in a village tearoom, sup a local ale in pubs that ooze character or freshly farmed produce like Cornish pasties and local Ice cream? One thing you will remember about your trip to England is the chance to taste the region's food and drink.



# WHAT'S TO SEE?

A tapestry of landscapes awaits in this pleasant land. The country heaves with its arts and culture. History unfolds at every corner. In the tranquil countryside, rolling hills are blanketed with wildflowers and pastoral farmlands stretch to the horizon.



Discover the charm of quaint fishing villages and seaside towns, where local artisans keep centuries-old traditions alive in their crafts, food, and wares.

Wherever your hike takes you, you'll find beauty and history in abundance.



# HADRIAN'S WALL PATH (EAST TO WEST)

FROM  
**£429**  
PER PERSON

Choose From 4-11 Day  
Tours Including  
'Slow Adventures'  
which focus on the  
most exciting central  
section and cover less  
daily distance than our  
standard Gentle  
itineraries.



Anna S.  
- France

"The trail made us  
discover a fantastic  
landscape that was  
missed by most tourists."

**Elevation:**  
Highest point - 1,132 ft / 345 m above sea level.

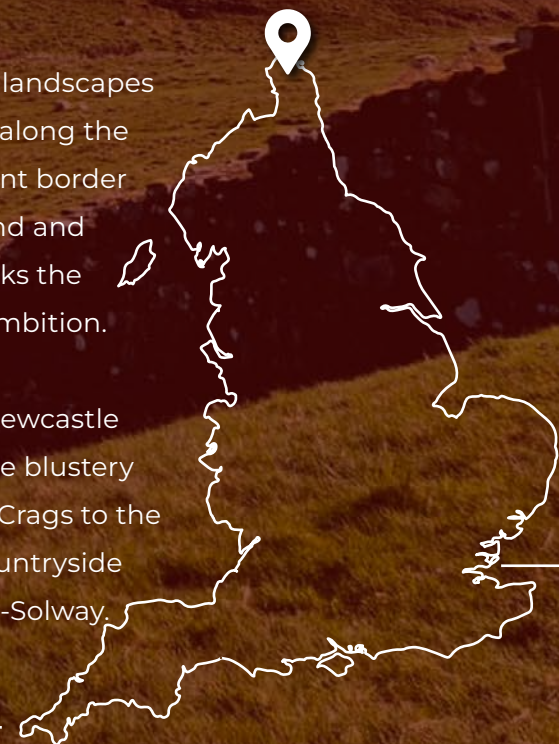
**Difficulty:**  
Suitable for beginner, moderate and expert  
hikers. This trail can also be taken as a '**Slow  
Adventure**', offering a more immersive and  
relaxed experience.



Trek East to West across the North  
of England alongside the remains  
of Hadrian's Wall. Built in 122 AD,  
this UNESCO World Heritage Site is  
Northern Europe's largest Roman  
monument and the world's most  
intact Roman frontier.

This walk has glorious landscapes  
with Roman outposts along the  
way. Explore the ancient border  
lands between Scotland and  
England, this wall marks the  
limit of the empire's ambition.

Follow the trail from Newcastle  
Upon Tyne through the blustery  
heights of Highshield Craggs to the  
captivating coastal countryside  
village of Bowness-On-Solway.





# HADRIAN'S WALL PATH (WEST TO EAST)

FROM  
**£429**  
PER PERSON

Choose From  
4-11 Day Tours

**Elevation:**  
Highest point - 1,132 ft / 345 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.

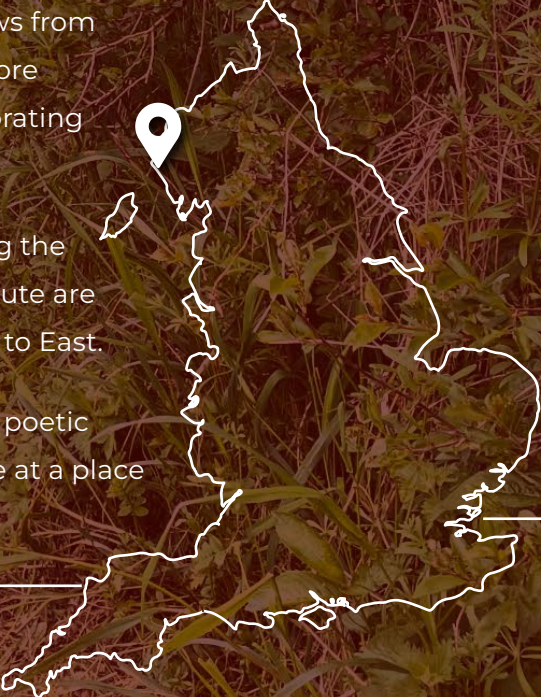


Take a hike through time as you traverse the Hadrian's Wall National Trail from West to East. Whilst the guidebooks suggest to walk the trail from the opposite way, there are some good reasons to consider this alternative route.

The wind typically blows from the West ensuring a more comfortable and invigorating hiking experience.

Many of the views along the centre section of the route are best viewed from West to East.

Is there anything more poetic than finishing your hike at a place called Wallsend?



Anna S.  
- France

*"The trail made us discover a fantastic landscape that was missed by most tourists."*





# COTSWOLD WAY

FROM  
**£469**  
PER PERSON

Choose From  
4-13 Day Tours



Ann W.  
- USA

*"The actual walk was just wonderful, really a once in a lifetime experience."*

**Elevation:**  
Highest point - 1,040 ft / 317 m above sea level.

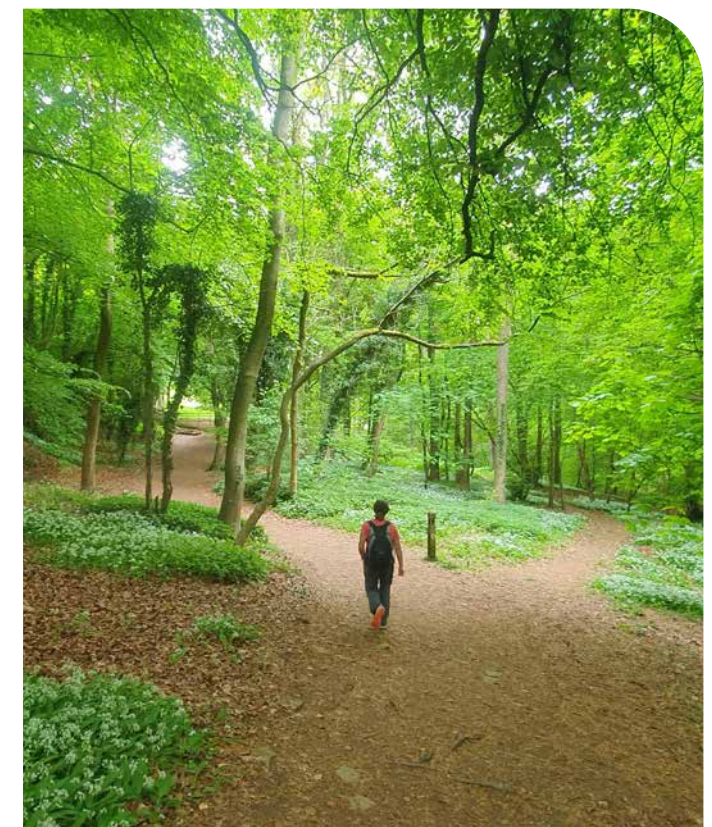
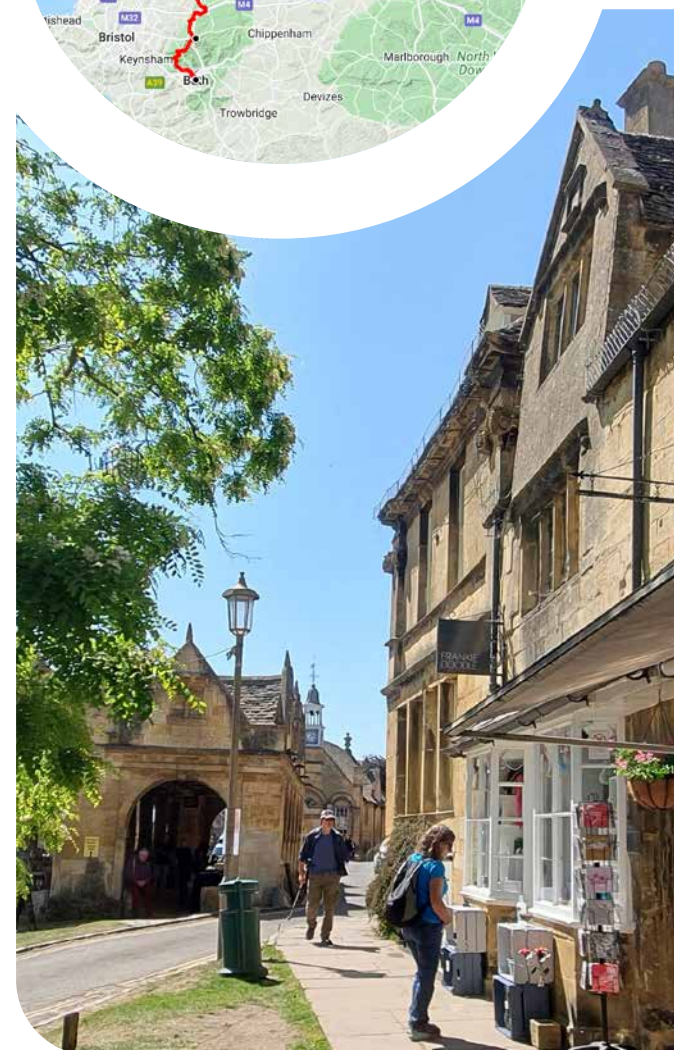
**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



This South-Central England trail offers easy walking, panoramic views, idyllic English villages, wildflower meadows and famous ancient locations.

With several heritage sites such as the Neolithic burial chamber 'Belas Knap', the ruins of Hailes Abbey and the Roman City of Bath with its Palladian architecture, there is plenty to keep the history buffs occupied.

Beech woodlands, honeycomb coloured thatched cottages and wonderful fields of wildflowers feature heavily on the trail. The Cotswold Way is a true designated area of outstanding natural beauty and a quintessentially English trail.





# SOUTH WEST COAST PATH (CORNWALL)

FROM  
**£499**  
PER PERSON

Choose From  
4-12 Day Tours



Tim M.  
- USA

*"We loved the scenery, the inns, the villages – most of all we loved authentic local interactions."*

**Elevation:**  
Highest point - 361 ft / 110 m above sea level.

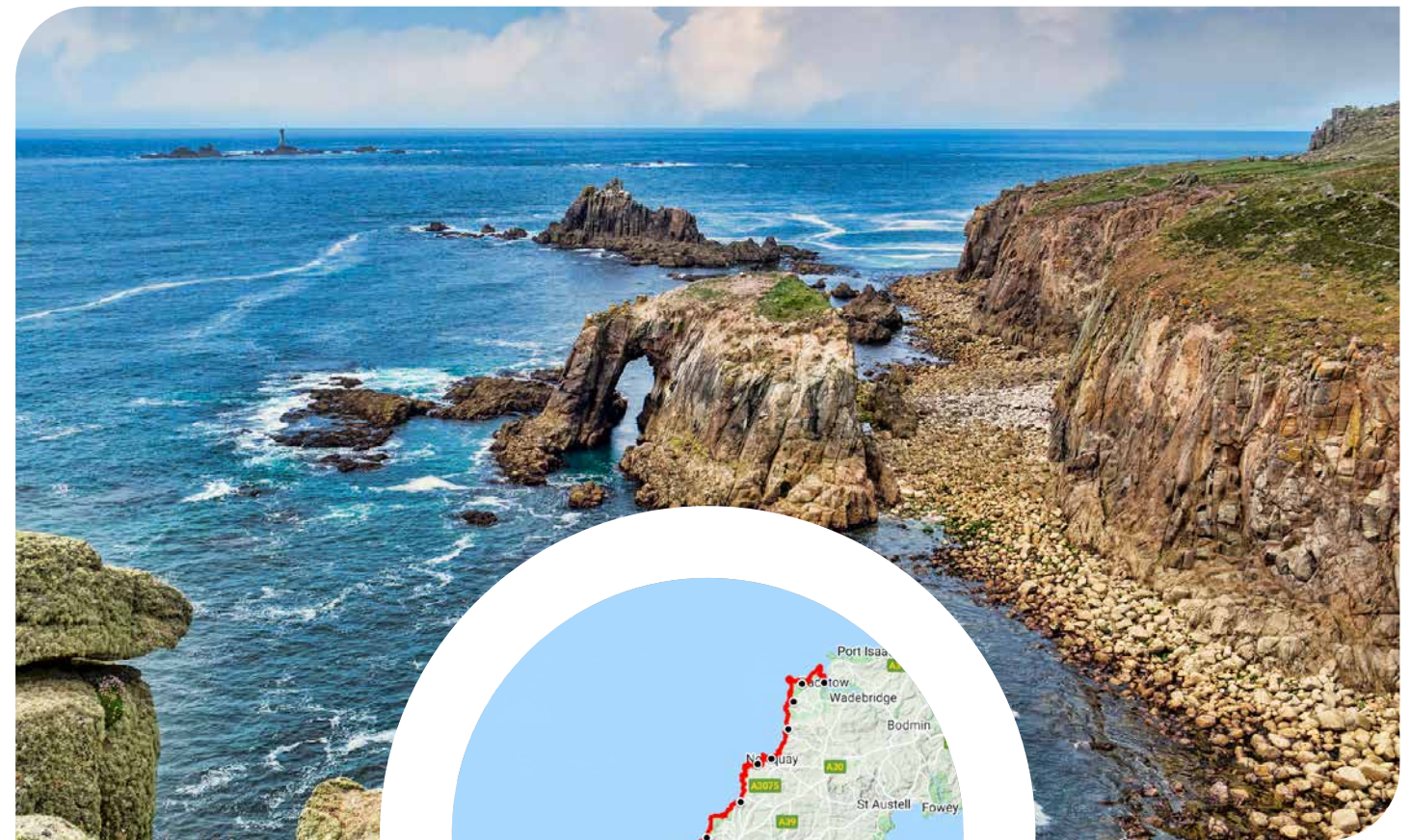
**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Cornwall's cliffs, coves, coastal villages, beautiful beaches and the serenity of the sea make this an enriching route to walk. Sea air and the best of England's coastal hiking await you.

Originally developed as a trail for coastguards on the lookout for smugglers, there are great opportunities to also spot seals, dolphins and basking sharks.

Experience great fresh food in the unique towns along the way as well as the dramatic Atlantic coastline of west Cornwall on the longest National Trail in the UK around Lands End.





# SOUTH DOWNS WAY

FROM  
**£499**  
PER PERSON

Choose From  
4-11 Day Tours



Holger K.  
- Germany

*"We learned a lot about  
the region and  
its history."*

**Elevation:**  
Highest point - 656 ft / 200 m above sea level.

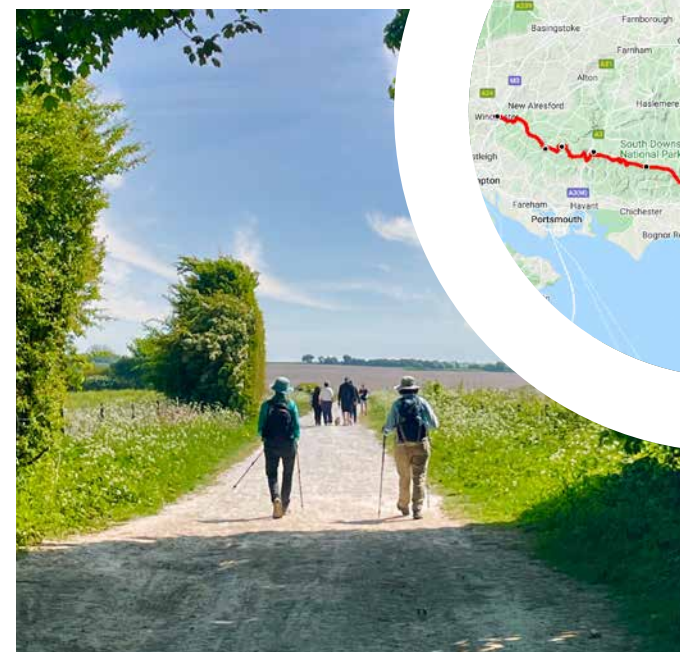
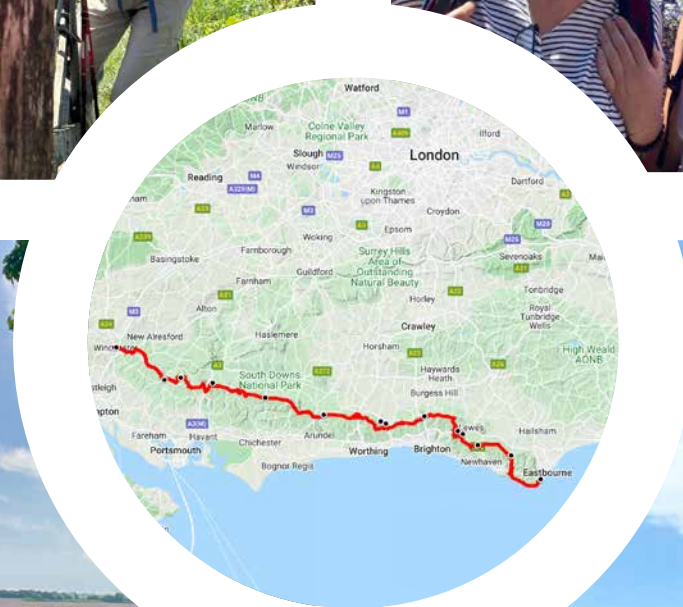
**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



From the Cathedral city of Winchester with its Tudor buildings and The Great Hall (with King Arthur's Round table), to the Victorian seaside town of Eastbourne – the sunniest place in the UK the South Downs way has fabulous variety.

The entire route sits within the South Downs National Park and passes through varied protected habitats where you can be assured of seeing an abundance of wildlife and natural beauty including rare plant species, rich chalk grasslands and beautiful ancient woodland.

The chalk cliffs of the Seven Sisters offer a final feast for the eyes bringing the hike to a iconic end. Often confused with the Cliffs of Dover, they are considered the more dramatic of the chalk cliffs.





# WALES





# WHY WALES?

Step into a land of mystery and intrigue, shrouded in myth and legend. Wales is a stunning place of awesome wild and untamed natural beauty. Explore the magic of the ancient Norman castles of Pembroke and Manorbier just 2 of 600 within the country. Walk in a land of dragons and druids, King Arthur and Merlin, the backdrop for many Celtic legends.

Experience the unique culture and language of Wales and the world renowned friendliness of it's people.

With some of the finest walking the United Kingdom has to offer, Wales has 'one of the most spectacular long-distance routes in Britain' according to Lonely Planet. Picturesque beaches, pristine lakes, green hills and a dramatic coastline make Wales an epic and inspirational location to visit.

The country also boasts Iron Age promontory forts, chapels of the seafaring early Celtic saints, townlands with Viking ancestry and Napoleonic forts.



## WHAT'S TO SEE?

Wales offers stunning and interesting coastal hiking. The awe-inspiring coastline has rugged cliffs, sheltered coves, sprawling sandy shores and unique geological features. Visit charming seaside towns and take in the variety of scenery Wales has to offer, from stunning seascapes to the majestic mountains on the Pembrokeshire Coast Path.

Enjoy some of the best coastal walking in the United Kingdom while hiking along the dramatic Atlantic coastline in the south of Wales.





# PEMBROKESHIRE COAST PATH

FROM  
**£459**  
PER PERSON

Choose From  
4-8 Day Tours

**Elevation:**  
Highest point - 262 ft / 80 m above sea level.

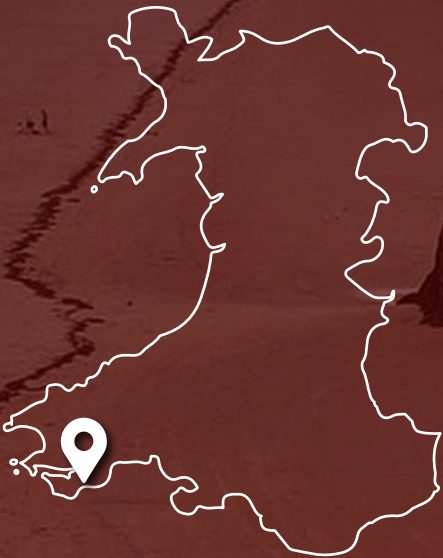
**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Where the wild Welsh coast meets the sea, the Pembrokeshire Coast Path unfolds as a line of breathtaking beauty tracing the Atlantic's edge, inviting discovery of this captivating place.

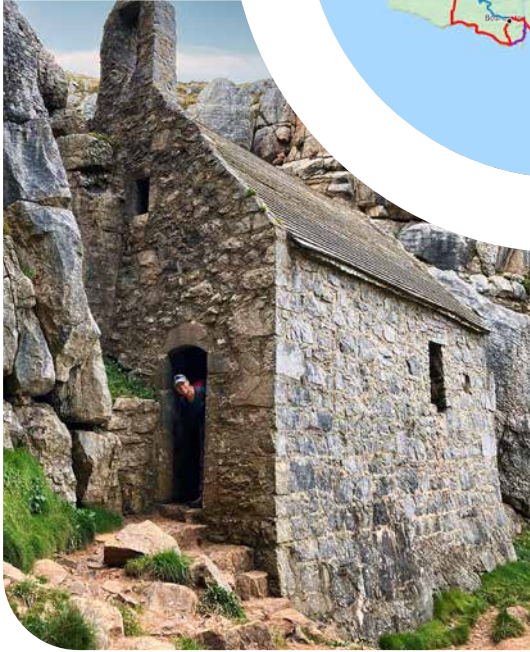
Most of this trail lies within the Pembrokeshire Coast National Park – Britain's only truly coastal National Park. This makes it great for spotting marine wildlife.

Visit the walled medieval seaside town of Tenby with its secret underground tunnels, see Pembroke and Manorbier castles, take in the UK's most picturesque beaches at Barafundle, Tenby and Broadhaven.



Florence N.  
– USA

*"Perfect in every way.  
I am going to plan  
another vacation with this  
company soon."*





# SPAIN







# WHY SPAIN?

Stunning green mountain views, picturesque valleys, treelined trails and traditional towns make this part of Spain a treat to trek. Renowned for its lush terrain, Galicia is home to Santiago de Compostela, which is the capital of the region.

Walk the Camino Frances and follow the footsteps of pilgrims throughout the centuries or take King Alfonso II's path on the first pilgrimage or Camino Primitivo. Venture beyond Compostela to the coast and the Camino Finisterre known as the end of the world.

Wind down your evenings with fine local wines and fabulous food like shellfish and 'tetilla' cheese. You'll be in great company with fellow pilgrims no matter what Camino you choose.



# WHAT'S TO SEE

Visit the final resting place of St James one of the Twelve Apostles in Santiago de Compostela, the end point of the Camino. On the way there you will pass through picturesque towns like Sarria, Portomarín, Melide and Arzua. In Santiago de Compostela see the Botafumeiro, a famous smoking thurible suspended dramatically from a rope where it swings at speeds of up to 60km/h during ceremonies. On the Primitivo experience the Roman city of Lugo and on the Finisterre end your pilgrimage at the famous lighthouse an area known as Finis Terrae or "Land's End".





# CAMINO FRANCES

FROM  
**€339**  
PER PERSON

Choose From  
4-13 Day Tours



*"Going on the Camino on my own was intimidating at first but Hillwalk tours took the stress away."*

Daniella V.  
- USA

**Elevation:**  
Highest point - 4,528 ft / 1,380 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Trek the most popular part of all the Camino de Santiago and mingle with fellow pilgrims along the way from around the world. Visit the resting place of St James the apostle on this famed pilgrimage that is over 1,000 years old.

The uniquely friendly and celebratory ambiance on this trail offers an opportunity to make new friends and commune with pilgrims regardless of whether they are believers or not. This is what makes the Camino so special.

There are lots of great places to stay and eat along the trail, making stopovers a real sense of occasion. Walk the last 100km of the trail to Santiago and earn the pilgrims 'Compostela'.





# CAMINO PRIMITIVO

FROM  
**€619**  
PER PERSON

7 Day Tours

**Elevation:**  
Highest point - 2,296 ft / 700 m above sea level.

**Difficulty:**  
Suitable for moderate and expert hikers.



Discover the Camino Primitivo, the "Original Way" and the very first Camino route as walked by King Alfonso II in the 9th century. Begin your tour at Lugo with its famed Roman Walls which you can walk along and then continue west to cover the final 100km through Galicia to Santiago de Compostela, offering easier walking through forests, farmland and villages.

The trail merges with the popular Camino Frances in Melide, allowing you to experience both the relative quiet of the Primitivo and the lively final stages of the Camino. Earn your Compostela, the official pilgrimage certificate, on this well-marked trail. For a deeper connection with nature and history and to avoid crowds after Melide, consider walking during the shoulder seasons (March-May or September-October).





# CAMINO FINISTERRE

FROM  
**€619**  
PER PERSON

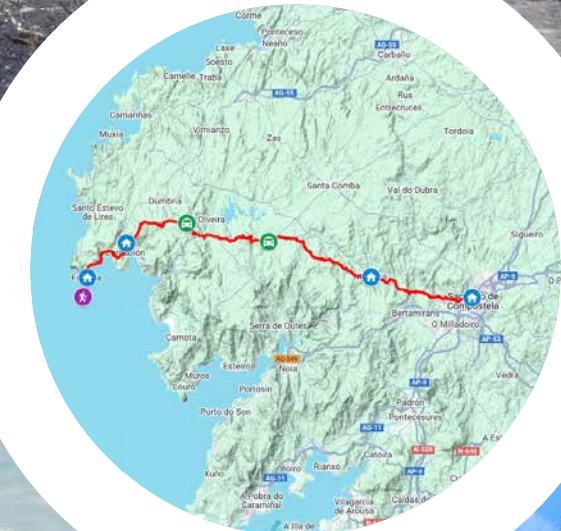
7 Day Tours

**Elevation:**  
Highest point - 1,824 ft / 556 m above sea level.

**Difficulty:**  
Suitable for moderate and expert hikers.



The Camino Finisterre (or the Fisterra Way) is a 90km (56 miles) extension of the Camino de Santiago that heads west from Santiago de Compostela to Cape Finisterre on Galicia's dramatic Costa da Morte – once thought to be the “End of the World” before the great Atlantic abyss. Romans called it Finis Terrae, “Land’s End”, and long before Christianity local Celts came here to worship the dying sun. Medieval treasures such as the c.12-century bridge at Ponte Maceira punctuate the route while quiet villages like Santa Mariña and Hospital still shelter pilgrim traditions. The Camino Finisterre is a quieter, more serene path—ideal for personal reflection and contemplation. On reaching Fisterra, the end of coastal journey, be sure to collect your ‘Fisterra’ or ‘Finisterrana’ certificate.

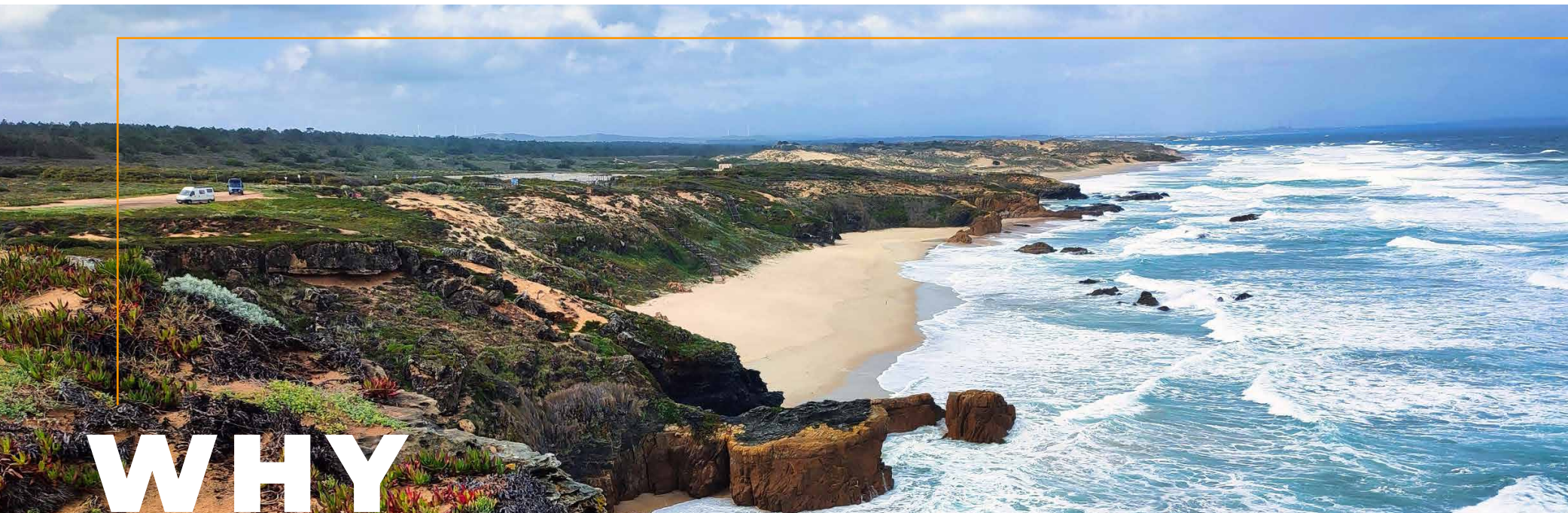




A woman hiker is standing on a sandy, rocky path overlooking a rugged coastline. She is wearing a yellow long-sleeved shirt, olive green shorts, a green bucket hat, sunglasses, and a large green backpack. She is holding two trekking poles. The background features a blue ocean, rocky cliffs, and a clear sky with some clouds.

# PORTUGAL



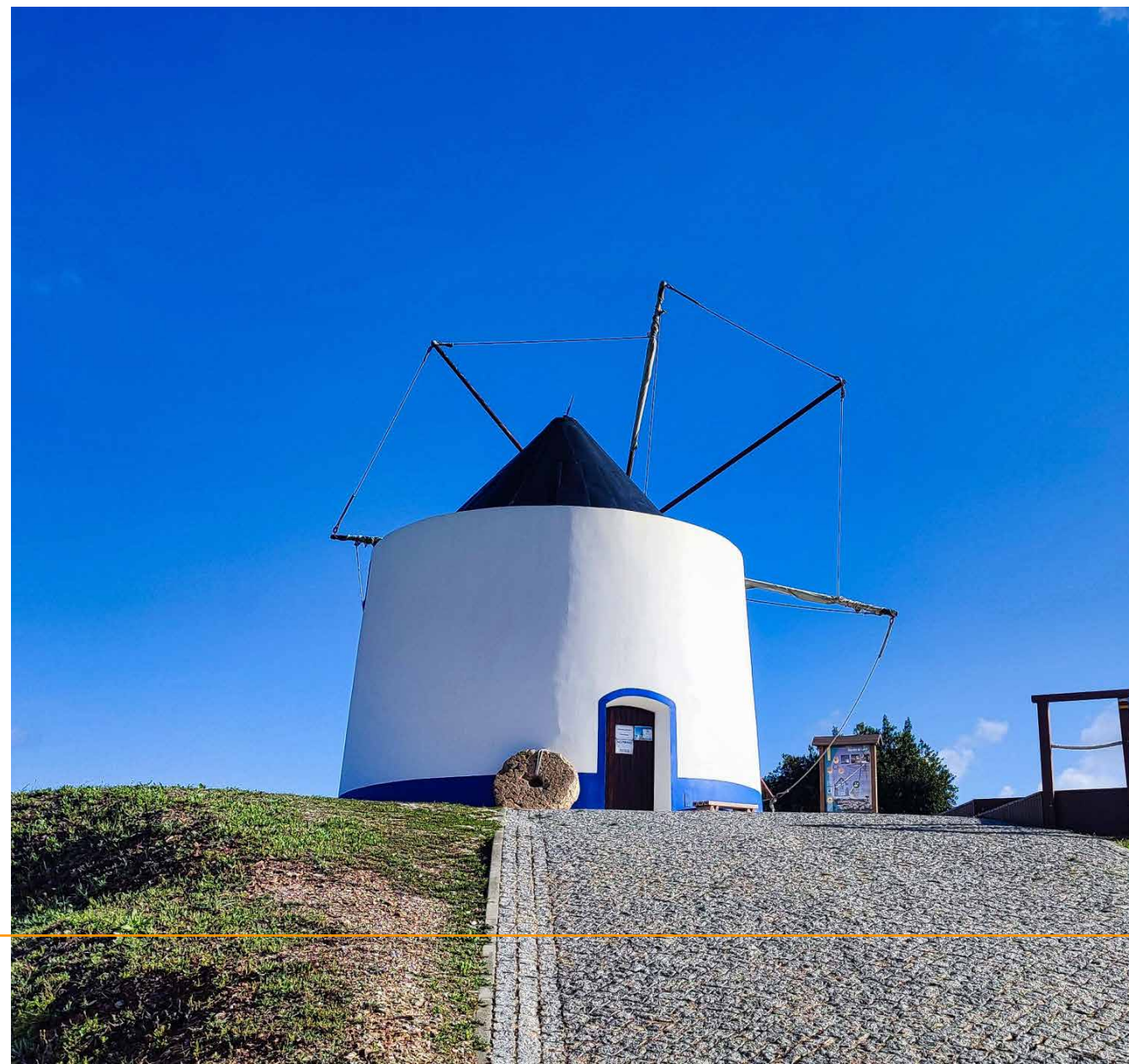


# WHY PORTUGAL?

The region enjoys a mild climate, making it an ideal destination for hiking almost year-round. The cool ocean breeze and sunny days create perfect conditions for outdoor activities.

The locals in Alentejo and the Algarve are known for their friendliness and hospitality. Whether you're staying in a quaint guesthouse or enjoying a meal at a local restaurant you'll feel welcomed and at home.

After a day's adventure and hiking, indulge in Portugal's culinary delights. From fresh seafood to traditional dishes like "cataplana" and "pasteis de nata," the country offers a feast for the senses without breaking the bank.



# WHAT'S TO SEE?

Discover ornate monuments dedicated to Vasco da Gama, tales of pirates in Vila Nova de Milfontes and the 16th-century military ruins on Pessegueiro Island. The coastline of Portugal is amazing with cliffs as far as the eye can see on the Fishermen's trail and incredible naturally sculpted caves and arches in the Algarve. Further east experience endless beaches, bird rich lagoons and car-free sandbar islands near Tavira. On our Camino tours you'll see the famed sights of Porto, the beaches of the north Atlantic coast as well as the maritime charm of Vigo.





# ROTA VICENTINA (FISHERMEN'S TRAIL)

FROM  
**€599**  
PER PERSON

Choose From  
5-10 Day Tours



Jasmine S.  
- USA

"I'm so glad that I chose Hillwalk Tours to plan this trip for our family. This is my first time using them and I couldn't have been more pleased."

**Elevation:**  
Highest point - 348 ft / 106 m above sea level.

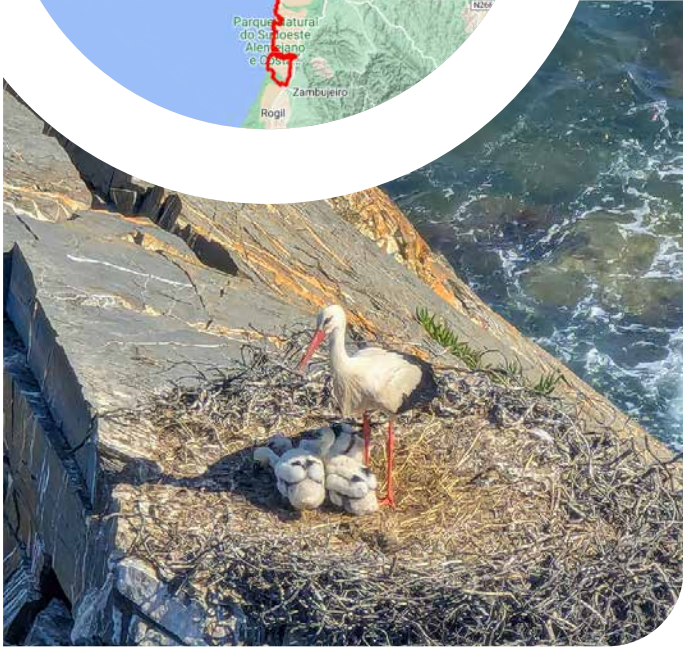
**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



The Rota Vicentina, specifically the Fishermen's Trail, offers stunning coastal scenery along the Atlantic coastline in Southwest Portugal. From São Torpes to Odeceixe, this trail showcases some of the most pristine coastal clifftop walks in Europe.

As you hike, you'll pass through picturesque towns and villages like Porto Covo, Vila Nova de Milfontes and Zambujeira do Mar. Each location offers a unique experience with local delicacies and a chance to partake in Portuguese culture.

One of the trail's highlights is the sight of white storks nesting on cliffs and sea stacks, a behavior unique to this region.





# ALGARVE COAST (AUTHENTIC EAST)

FROM  
**€599**  
PER PERSON

Choose From  
4-8 Day Tours

## Elevation:

Rarely climbs a few metres above sea level

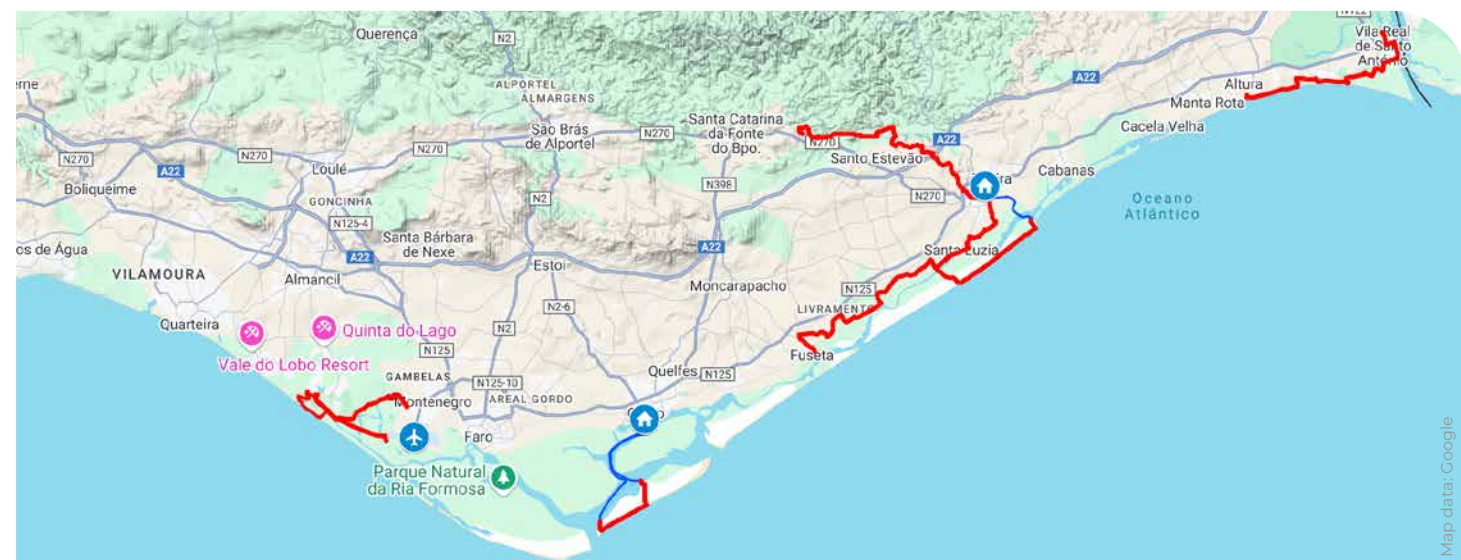
## Difficulty:

Suitable for beginner, moderate and expert hikers.



Sample the hidden secrets of eastern Portugal as yet spared from the mass tourism of other sunny destinations. Slip away from the crowds and experience some of the more relaxing and authentic Algarve on hikes around the charming historical town of Tavira known as the "Venice of the Algarve". Surrounded by sheltered lagoons and salt pans of the ecological paradise that is the Rio Formosa Natural Park, one of Portugal's seven natural wonders. The area is filled with wildlife such as flamingos, spoonbills and the rarer Purple Swamphen which is the symbol of the region.

The warm climate makes this an enjoyable year-round destination with mild winters as such this allows the hiking season extend into November. This tour is a fantastic mix of endless beaches, car free islands, small fishing towns bustling with activity and of course crystal clear waters.





# ALGARVE COAST (GOLDEN SOUTH-WEST)

FROM  
**€799**  
PER PERSON

Choose From  
4-8 Day Tours

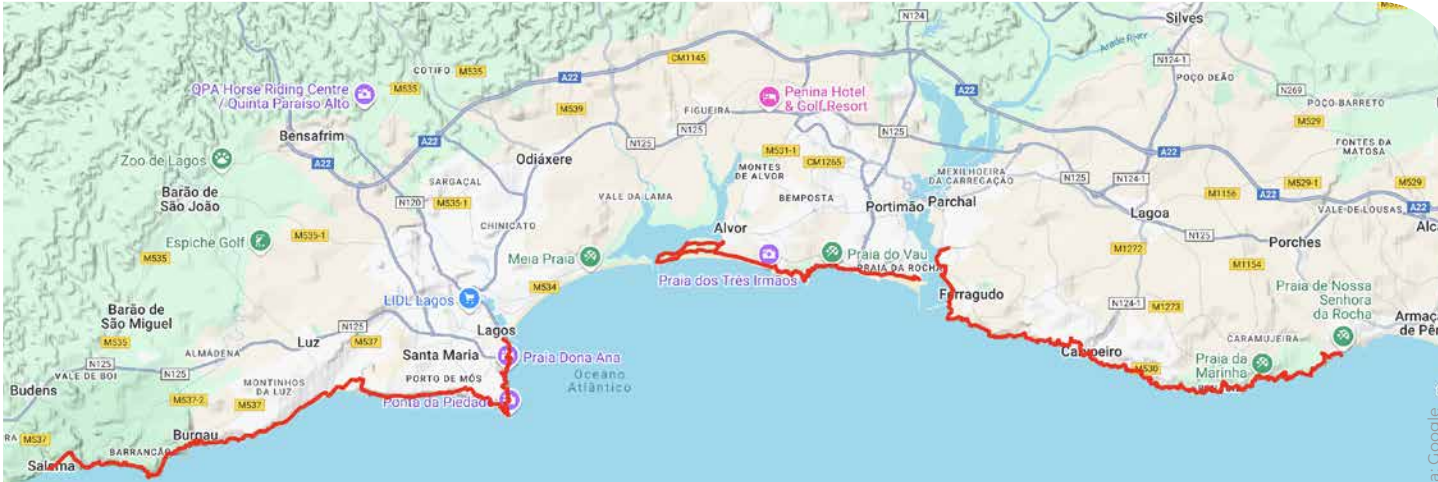
**Elevation:**  
The cliffs on this tour are rarely higher than 40m.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



The Algarve's Golden South-West is a dramatic coastline offering special views around every turn. Here the tide has sculpted amazing sea arches, vast caves and golden beaches washed in turquoise waters. Explore the famed Seven Hanging Valley trail as well as stages from the Rota Vicenta (Fishermen's Trail) as you walk along cliff paths in a landscape with regular panoramic ocean views that take your breath away.

These stunning trails are readily served by great amenities with plenty of opportunities for swimming and leisure. Don't miss out on the famed Algar Seco and Ponta de Piedade rock formations. This is a perfect year-round destination with 300 days of sunshine, refreshing sea breezes and spectacular sunsets.





# BEST OF THE ALGARVE COAST

FROM  
**€999**  
PER PERSON

Choose From  
6-11 Day Tours



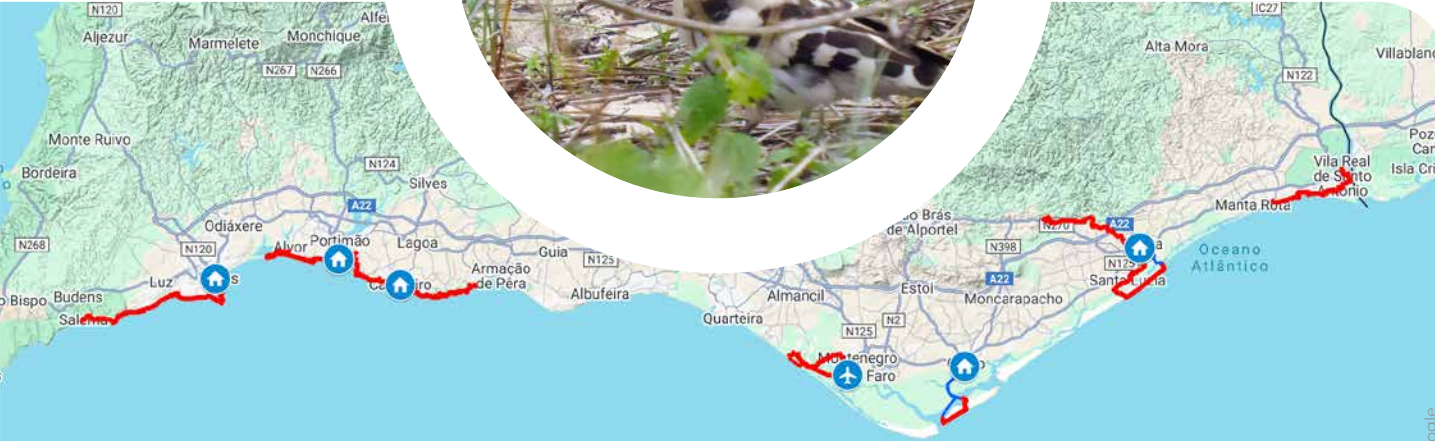
**Elevation:**  
The cliffs on this tour are rarely higher than 40m.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



Is there a way to combine the best of the authentic East and the Golden South-West into one great hiking holiday? Why yes, there is! With the Best of the Algarve coast you get to sample and experience a selection of the most scenic and rewarding hikes available in this region. From endless beaches and peaceful woodlands in the East to dramatic cliffs and turquoise water in the South-West this is all available in one great tour.

Based in Tavira, the Venice of the Algarve, you can escape the crowds and explore the Ria Formosa Natural Park with its lagoons, salt pans and unique wildlife. While in the west you can walk stages of the Rota Vicentina and also the Seven Hanging Valley Trail. The Golden Southwest is famed for its sea arches and golden cliffs with hidden beaches accessible by rock tunnels.





# CAMINO PORTUGUESE (TRADITIONAL ROUTE)

FROM  
**€459**  
PER PERSON

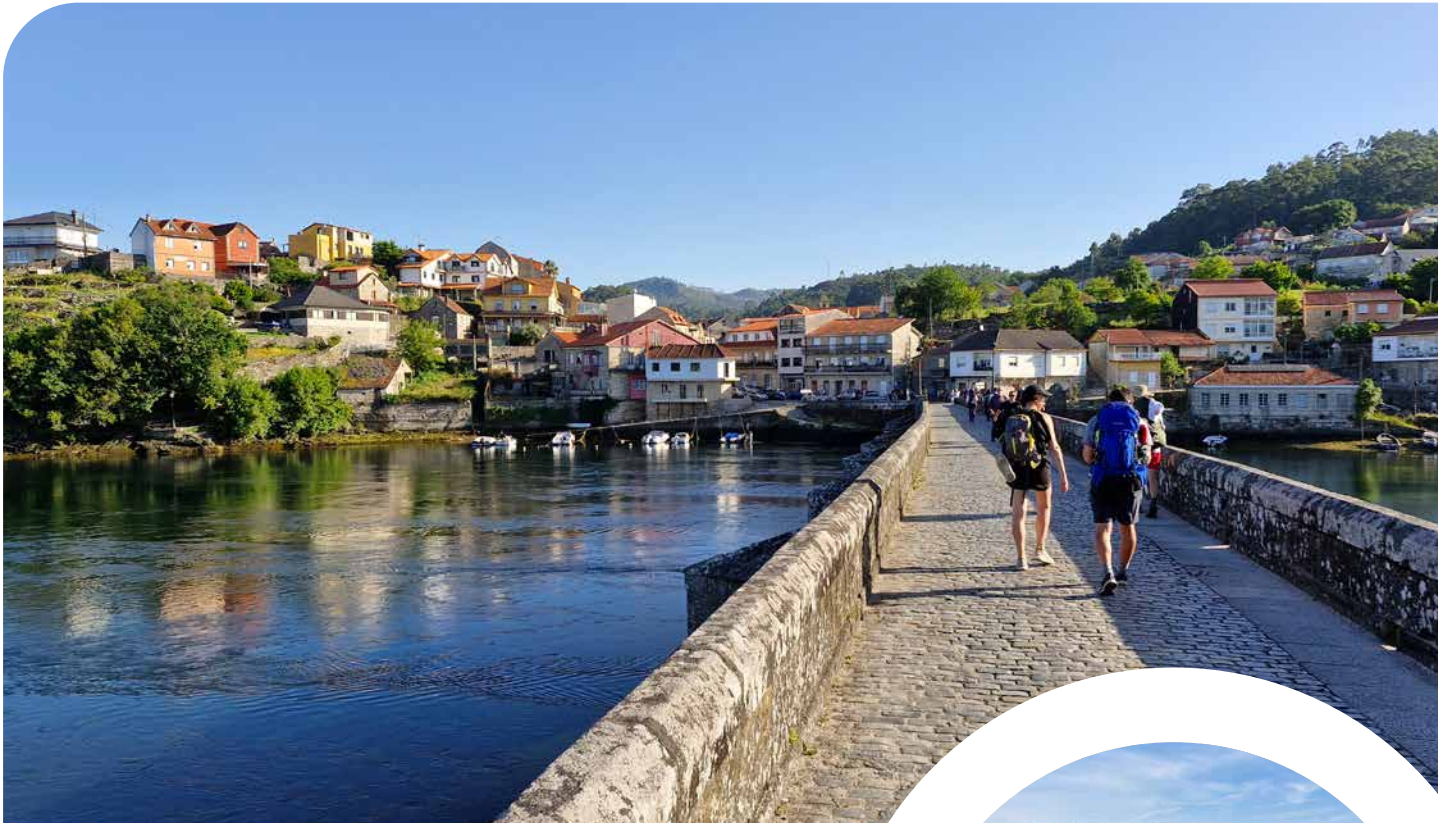
Choose From  
5-11 Day Tours

**Elevation:**  
Highest point - 820 ft / 250 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



The Camino Portuguese (Traditional Route) holds a special place for its deep historical and spiritual significance. Begin near the Portuguese-Spanish border and follow this peaceful route from your startpoint of Tui and walk through Galicia's quiet forest paths and charming villages to Santiago. Centuries-old traditions make this Camino a soulful and unforgettable experience. This inland path is immersed in wooded trails, Roman roads, and quiet stone villages that echo the footsteps of countless pilgrims before. Trace the ancient trail through tranquil countryside and many vibrant towns like O Porriño, Redondela, Pontevedra and Padrón. The trail is often shaded, so it is cool and pleasant, even in the middle of the day during the summertime. Galicia is famed for its green, wooded landscape and old walled lanes.





# CAMINO PORTUGUESE (COASTAL ROUTE)

FROM  
**€649**  
PER PERSON

Choose From  
7-14 Day Tours



**Elevation:**  
Highest point - 820 ft / 250 m above sea level.

**Difficulty:**  
Suitable for beginner, moderate and expert hikers.



The Camino Portuguese Coastal Route is a spectacular path and has long been a favorite for pilgrims with its stunning scenery and vibrant towns. The route splits in two near the border with Spain where pilgrims can tailor their experience by selecting either the scenic coastal path through Galicia and past Vigo, with its ocean vistas or they can stay in Portugal on the serene inland route via Tui which meanders along a river through verdant landscapes and continues past historic towns. Highlights of the route include Porto, the endless beaches of Portugal's northern coast, views of the Cíes Islands, the energy of Vigo, historic Viana de Castelo, Pontevedra and Padrón. The terrain from Porto is well-suited for walking and generally flat, thereafter Galicia offers tree lined shelter from the sun with generally gentle ascents and descents before reaching Santiago de Compostela.







# TOUR OPTIONS



# GENTLE HIKES



Suitable for beginner, moderate and expert hikers.

Our Gentle Hiking Tours are designed with the part-time hiker in mind. While you can still expect some climbs, these tours offer the shortest average daily hikes, which in turn means less ups and downs. This will give you plenty time to enjoy the sights and scenery, take photos, have a long lunch and, if necessary, negotiate the more tricky sections of a walk.

IRELAND	AVAILABLE GENTLE TOURS (DAYS)												
DINGLE WAY		5	6	7	8	9	10	11	12				
WICKLOW MOUNTAINS	4	5	6	7									
ANTRIM GLENS & CAUSEWAY COAST	4	5	6	7	8								
KERRY WAY	4	5	6	7	8								
BEARA WAY		5	6	7	8	9	10						
CONNEMARA & THE WEST OF IRELAND				7	8	9	10						
BURREN WAY & CLIFFS OF MOHER	4	5	6	7									
KERRY CAMINO													
ST KEVINS WAY & GLENDALOUGH	4	5											

SCOTLAND	AVAILABLE GENTLE TOURS (DAYS)												
WEST HIGHLAND WAY	4	5	6	7	8	9							
GREAT GLEN WAY & LOCH NESS		5	6	7	8	9							
ROB ROY WAY				7	8	9	10						
FIFE COASTAL PATH		5	6	7	8	9	10						
SPEYSIDE WAY & CAIRNGORMS		5	6	7	8								
ST CUTHBERT'S WAY	4	5	6	7	8	9							
WEST HIGHLAND LINE: TRAIN & HIKE		5	6	7	8	9							

ENGLAND	AVAILABLE GENTLE TOURS (DAYS)												
HADRIAN'S WALL PATH (EAST TO WEST)	4	5	6	7	8					11			
HADRIAN'S WALL PATH (WEST TO EAST)	4	5	6	7	8	9				11			
COTSWOLD WAY	4	5	6	7	8	9	10					13	
SOUTHWEST COAST PATH (CORNWALL)		5	6	7	8	9	10						
SOUTH DOWNS WAY		5	6	7	8			10			12	13	

WALES	AVAILABLE GENTLE TOURS (DAYS)												
PEMBROKESHIRE COAST PATH	4	5	6	7	8								

SPAIN	AVAILABLE GENTLE TOURS (DAYS)												
CAMINO FRANCES	4	5	6	7	8	9	10	11	12	13			
CAMINO PRIMITIVO													
CAMINO FINISTERRE													

PORTUGAL	AVAILABLE GENTLE TOURS (DAYS)												
ROTA VICENTINA		5	6	7	8	9	10						
ALGARVE COAST (GOLDEN SOUTH-WEST)	4	5	6	7	8								
ALGARVE COAST (AUTHENTIC EAST)	4	5	6	7	8								
BEST OF THE ALGARVE COAST			6	7	8	9				11			
CAMINO PORTUGUESE (TRADITIONAL ROUTE)				7				10	11				
CAMINO PORTUGUESE (COASTAL ROUTE)							9			11	12	13	14



# MODERATE HIKES



Suitable for moderate and expert hikers.

Our Moderate Hiking Tours will suit people who are used to some regular exercise or who have done some previous hiking. They offer longer but still manageable daily hikes and should give you a little more of a challenge without going beyond your limits. There will be more climbs in a day but harder days are generally followed by easier ones. Of course, you will also still have time for a relaxed lunch and to take photos.


IRELAND	AVAILABLE MODERATE TOURS (DAYS)									
DINGLE WAY	4	5	6	7	8	9	10			
WICKLOW MOUNTAINS	4	5	6	7	8		10			
ANTRIM GLENS & CAUSEWAY COAST	4	5	6	7	8	9	10			
KERRY WAY	4	5	6	7	8		10	11	12	
BEARA WAY		5	6	7	8	9	10	11		
CONNEMARA & THE WEST OF IRELAND		5		7	8	9	10			
BURREN WAY & CLIFFS OF MOHER	4	5	6	7						
KERRY CAMINO		5								
ST KEVINS WAY & GLENDALOUGH										

SCOTLAND	AVAILABLE MODERATE TOURS (DAYS)									
WEST HIGHLAND WAY	4	5	6	7	8	9	10			
GREAT GLEN WAY & LOCH NESS		5	6	7	8	9				
ROB ROY WAY			6	7	8					
FIFE COASTAL PATH		5	6	7	8					
SPEYSIDE WAY & CAIRNGORMS		5	6	7	8	9				
ST CUTHBERT'S WAY	4	5	6	7	8					
WEST HIGHLAND LINE: TRAIN & HIKE			6	7	8					

ENGLAND	AVAILABLE MODERATE TOURS (DAYS)									
HADRIAN'S WALL PATH (EAST TO WEST)	4	5	6	7	8	9	10			
HADRIAN'S WALL PATH (WEST TO EAST)	4	5	6	7	8	9	10			
COTSWOLD WAY	4	5	6	7	8	9	10	11		
SOUTHWEST COAST PATH (CORNWALL)	4	5	6	7	8		10		12	
SOUTH DOWNS WAY	4	5	6	7	8	9	10	11		

WALES	AVAILABLE MODERATE TOURS (DAYS)									
PEMBROKESHIRE COAST PATH	4	5	6	7						

SPAIN	AVAILABLE MODERATE TOURS (DAYS)									
CAMINO FRANCES	4	5	6	7	8	9	10			
CAMINO PRIMITIVO				7						
CAMINO FINISTERRE				7						

PORTUGAL	AVAILABLE MODERATE TOURS (DAYS)																
ROTA VICENTINA																	
ALGARVE COAST (GOLDEN SOUTH-WEST)	4	5	6	7													
ALGARVE COAST (AUTHENTIC EAST)																	
BEST OF THE ALGARVE COAST				6	7	8	9	10	11								
CAMINO PORTUGUESE (TRADITIONAL ROUTE)			5			8	9										
CAMINO PORTUGUESE (COASTAL ROUTE)				7	8	9	10	11	12	13	14*						

\* 2 OPTIONS AVAILABLE, VIA VIGO OR VIA TUI.









# CHALLENGING HIKES




**Suitable for expert hikers.**


Our Challenging Hiking Tours are designed for the experienced hiker or those walkers who love a good challenge. They offer the longest daily hikes with more elevation gain and will often test your endurance by having you walk all day. Of course, as with all of our tours there will be a hot shower and the finest local hospitality waiting at the end of your walk to re-charge your batteries each evening.




IRELAND	AVAILABLE CHALLENGING TOURS (DAYS)	  
DINGLE WAY		
WICKLOW MOUNTAINS	5678	
ANTRIM GLENS & CAUSEWAY COAST		
KERRY WAY		91011
BEARA WAY		7891011
CONNEMARA & THE WEST OF IRELAND	6789	
BURREN WAY & CLIFFS OF MOHER	56	
KERRY CAMINO		
ST KEVINS WAY & GLENDALOUGH		

SCOTLAND	AVAILABLE CHALLENGING TOURS (DAYS)					  
WEST HIGHLAND WAY	4	5	6	7	8	
GREAT GLEN WAY & LOCH NESS	4	5	6	7		
ROB ROY WAY		5	6			
FIFE COASTAL PATH		5	6	7		
SPEYSIDE WAY & CAIRNGORMS		5	6	7	8	
ST CUTHBERT'S WAY			6	7		
WEST HIGHLAND LINE: TRAIN & HIKE						

ENGLAND							
HADRIAN'S WALL PATH (EAST TO WEST)	4	5	6	7	8		
HADRIAN'S WALL PATH (WEST TO EAST)		5	6	7	8		
COTSWOLD WAY	4	5	6	7	8	9	
SOUTHWEST COAST PATH (CORNWALL)	4	5	6	7	8	9	
SOUTH DOWNS WAY		5	6	7	8	9	

WALES	AVAILABLE CHALLENGING TOURS (DAYS)	  
PEMBROKESHIRE COAST PATH	5	

<b>SPAIN</b>					
<b>CAMINO FRANCES</b>	4	5	6	7	8
<b>CAMINO PRIMITIVO</b>					
<b>CAMINO FINISTERRE</b>					

PORTUGAL	AVAILABLE CHALLENGING TOURS (DAYS)			  
ROTA VICENTINA	5	6	7	
ALGARVE COAST (GOLDEN SOUTH-WEST)				
ALGARVE COAST (AUTHENTIC EAST)				
BEST OF THE ALGARVE COAST				
CAMINO PORTUGUESE (TRADITIONAL ROUTE)				
CAMINO PORTUGUESE (COASTAL ROUTE)				





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**SELF-GUIDED HIKING HOLIDAYS IN IRELAND,  
SCOTLAND, ENGLAND, WALES, PORTUGAL  
AND ALONG THE CAMINO IN SPAIN**