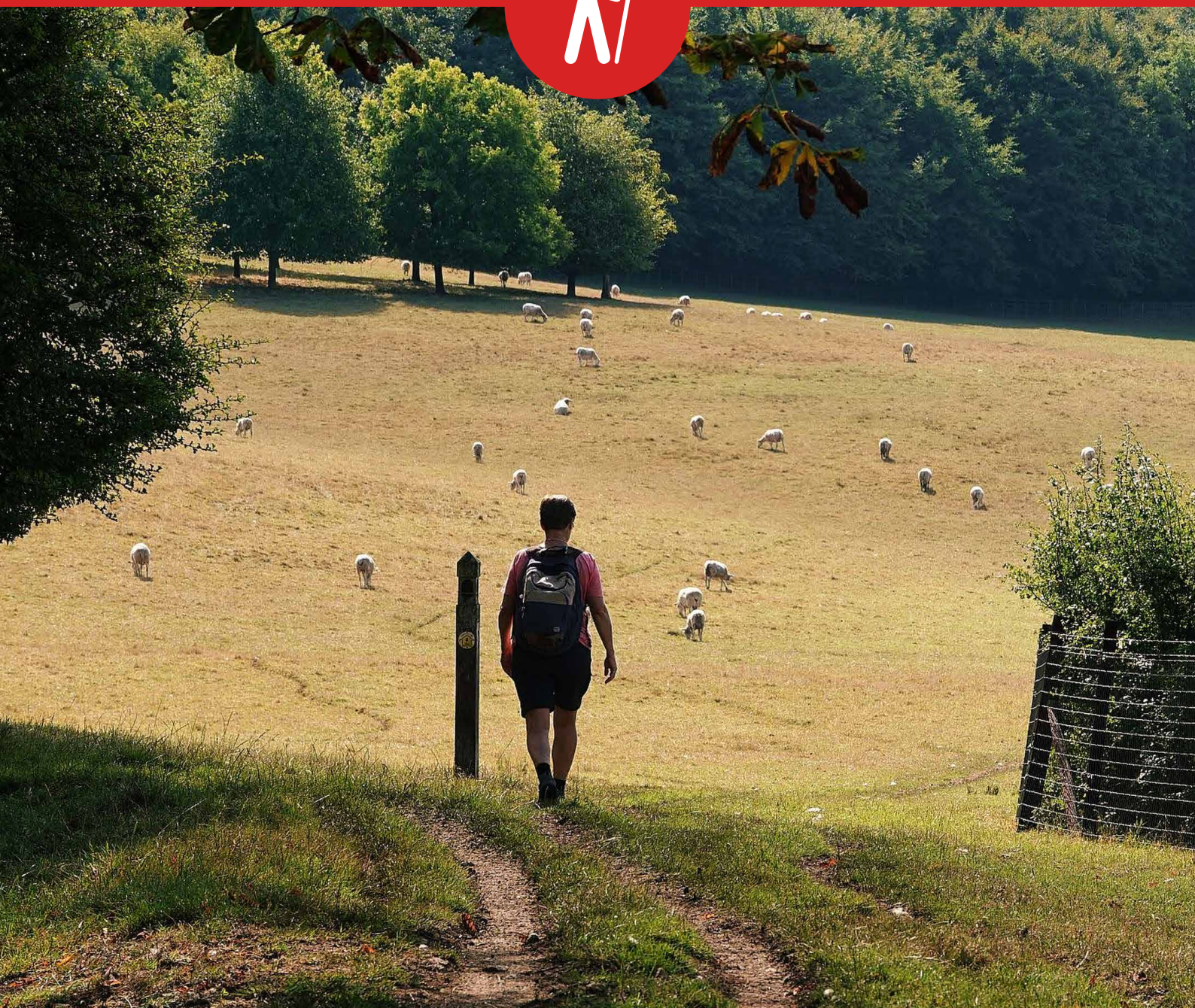


HILLWALK  
TOURS

# ENGLAND

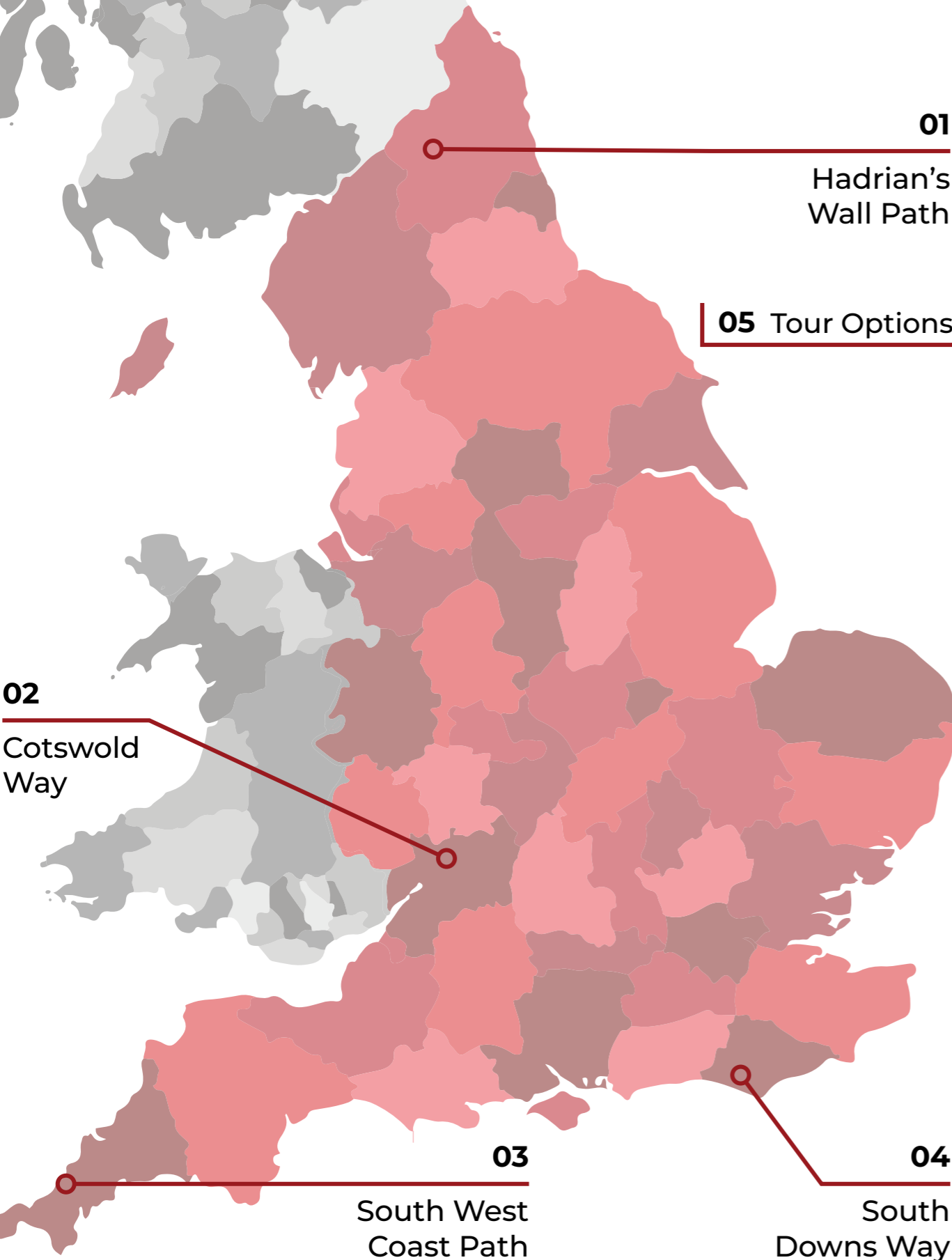
SELF-GUIDED HIKING TOURS



[WWW.HILLWALKTOURS.COM](http://WWW.HILLWALKTOURS.COM)

# CONTENTS

This PDF Document has interactive links. Click on the tour name to be brought to that page. The tour title on individual pages are hyperlinked to the web site as are the tour titles in the Tour Options Section.



This PDF Document has interactive links. Click on the tour name to be brought to that page. The tour title on individual pages are hyperlinked to the web site as are the tour titles in the Tour Options section.

# HIKING IN ENGLAND

Journey through the picturesque landscape of the English countryside on one of our carefully selected trails. Discover England

in the best way possible on a multi-day tour and experience the country's rich history, breathtaking scenes and famous hospitality. Our tours offer a wide range of experiences that suit everyones taste and activity level meaning everyone is catered for. If it's history

you're after, immerse yourself in the World's Heritage Site of the Hadrians Wall or maybe a seaside trail along the South West Coast Path would suit your taste better? You can explore all of this and more from our trails that cover the beautiful and diverse landscapes of England.



**Please Note** that the prices herein are correct at time of publication. Check our website for correct and accurate prices as they may be subject to change.

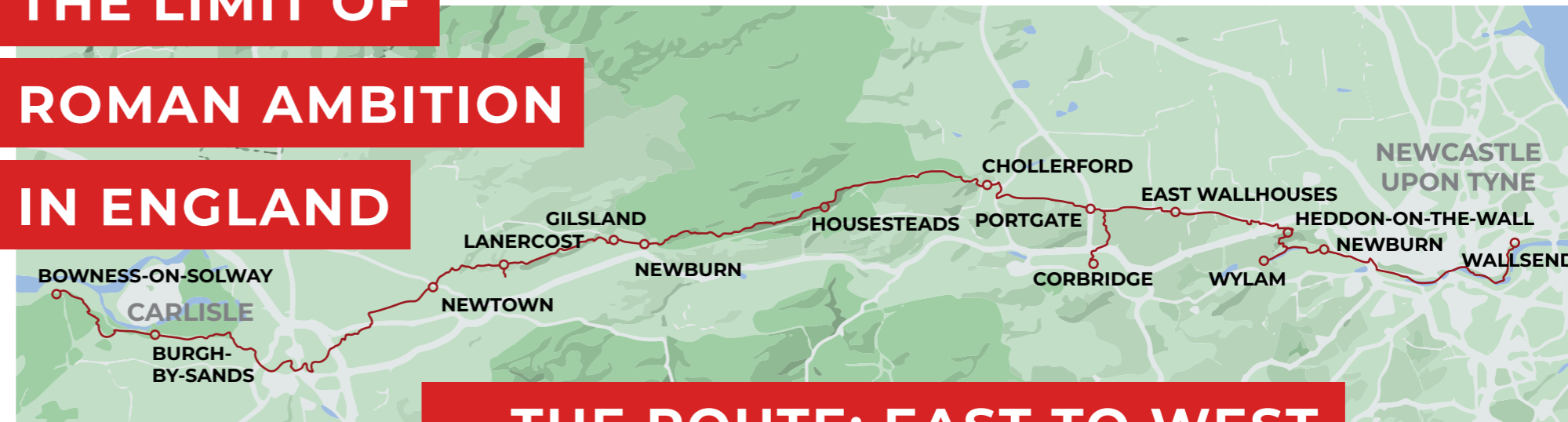
*The trail made us  
discover a fantastic  
landscape that was  
missed by most tourists.*

Anna S.  
– France

# HADRIAN'S WALL PATH



## THE LIMIT OF ROMAN AMBITION IN ENGLAND



## THE ROUTE: EAST TO WEST

Venturing away from the big city lights and delving into the open country, the Hadrian's Wall Path begins in Newcastle and heads west. Follow in the footsteps of the Romans where turrets, castles and forts are numbered East to West. Watch as the scenery becomes more beautiful at every turn and ascent.

The trail itself is relatively easy with the highest point of the path climbing to 345 m high. With its well-maintained paths and few elevated climbs, Hadrian's Wall Path is often considered to be one of the most enjoyable National Trails in the UK as well as one of the most popular.

The section between Chollerford, Lanercost and Newtown is the highest and 'wildest' part of the path. It is also where the Wall is most visible.

This area includes several important Roman forts including Chesters, Housesteads, Vindolanda,

the Roman Army Museum and Birdoswald. Following the flowing River Eden and then moving through the flat landscape along the Solway Firth, the route reaches its end in Bowness-on-Solway on the Irish Sea.

The trail progresses along footpaths, cycle lanes, well-maintained paths through fields and tracks along the top of the Northumberland Crags.

## WEST TO EAST

Hadrian's Wall Path can also be hiked West to East. The prevailing wind in the UK is from the west, so walking eastwards means you have the wind at your back most of the time.

Some of the best views along the centre section are from West to East, finishing in Newcastle can make travelling onwards much easier. There is also something poetic about finishing at a place called 'Wallsend'.

FROM  
**£429**  
PER PERSON

Choose  
From  
4-11  
Day  
Tours



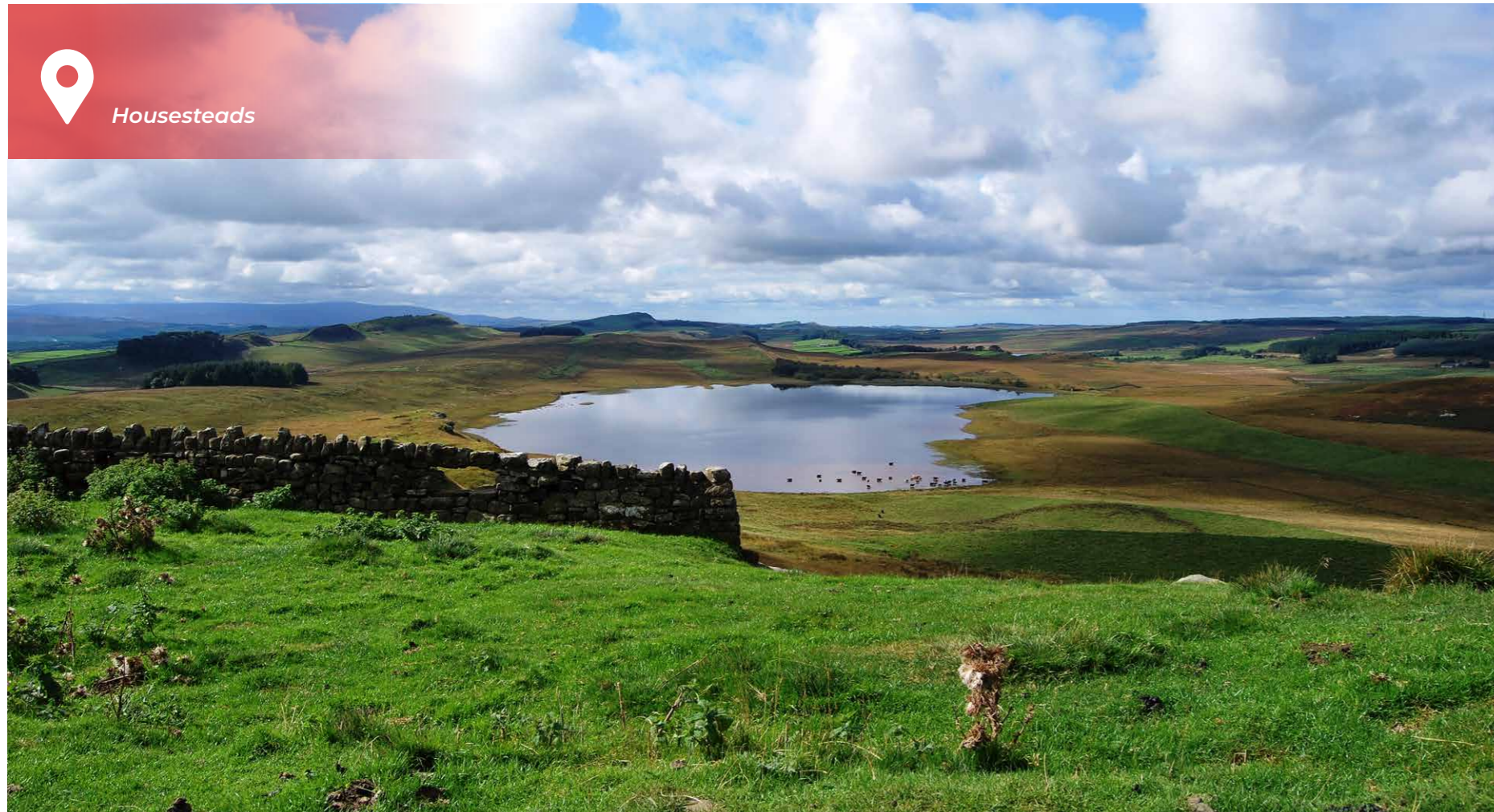
*Hadrian's Wall*



*Gatehouse reconstruction at Vindolanda Roman fort*



*Housesteads*



# COTSWOLD WAY

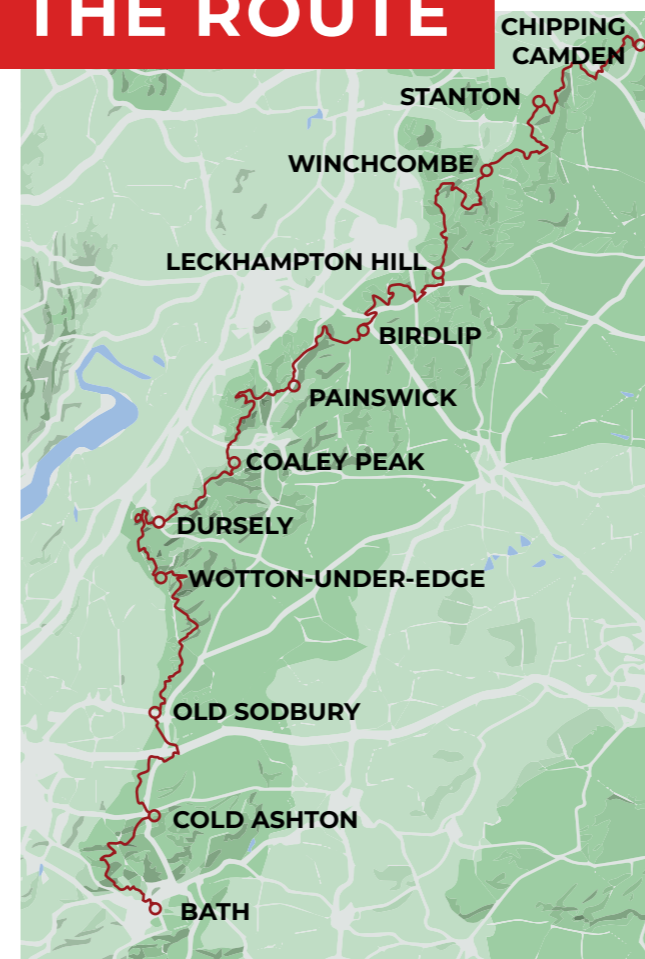
PASTORAL SCENERY &  
ANCIENT SITES FROM THE  
GLORIOUS COTSWOLD  
ESCARPMENT

Step back in time by taking an idyllic walk through southern England through the bucolic Cotswolds to the Roman city of Bath. The 102 mile (164km) Cotswold Way has been an official National Trail since 2007.

Following along the edges of the Cotswold Hills, the route journeys through rolling pastures, beech woodlands and honey-coloured villages built from Cotswold stone. To satisfy the historian in you, the route offers ancient commons in an Area of Outstanding Natural Beauty, Neolithic burial barrows, stately homes and historic battle sites.



## THE ROUTE



Extending from the quintessential English market town of Chipping Campden, the Cotswold Way follows quiet paths through lush farmland and charming English villages, such as Broadway and Stanton.

Witness beautiful views from Dover's Hill and explore the lush meadows and blooming woodland sections of the trail as it drops down

to the ruins of Hailes Abbey before continuing to the bustling former wool town of Winchcombe.

Pass the ancient long barrow of Belas Knap, to the highest point of the trail at Cleeve Hill. Wander through the ancient beechwoods and limestone grassland to reach some prehistoric sites as the route passes to the East and South of nearby Cheltenham and Gloucester.

Reward yourself with panoramic views, ancient burial chambers and Iron Age hill forts which accompany the trail through beech woods and green fields on its way to the enchanting village of Wotton-under-Edge. The route passes a number of picturesque locations which will provide the perfect backdrop for some memorable photos.

The last section of the hike traverses through the sprawling countryside estates of two wonderful old country homes at Dodington Park and Dyrham Park. After crossing a 17th century battlefield, the route descends to Bath, where the spectacular Bath Abbey and the Roman Baths are a fitting location to mark the end of the Cotswold Way.

The rolling terrain is ideal for gentle rambles while the many villages along the route are the perfect setting for long pub lunches. The total aggregate ascent is approximately 4,000m across the entire route.

*The actual walk  
was just wonderful,  
really a once in a  
lifetime experience.*

Ann W.  
- USA

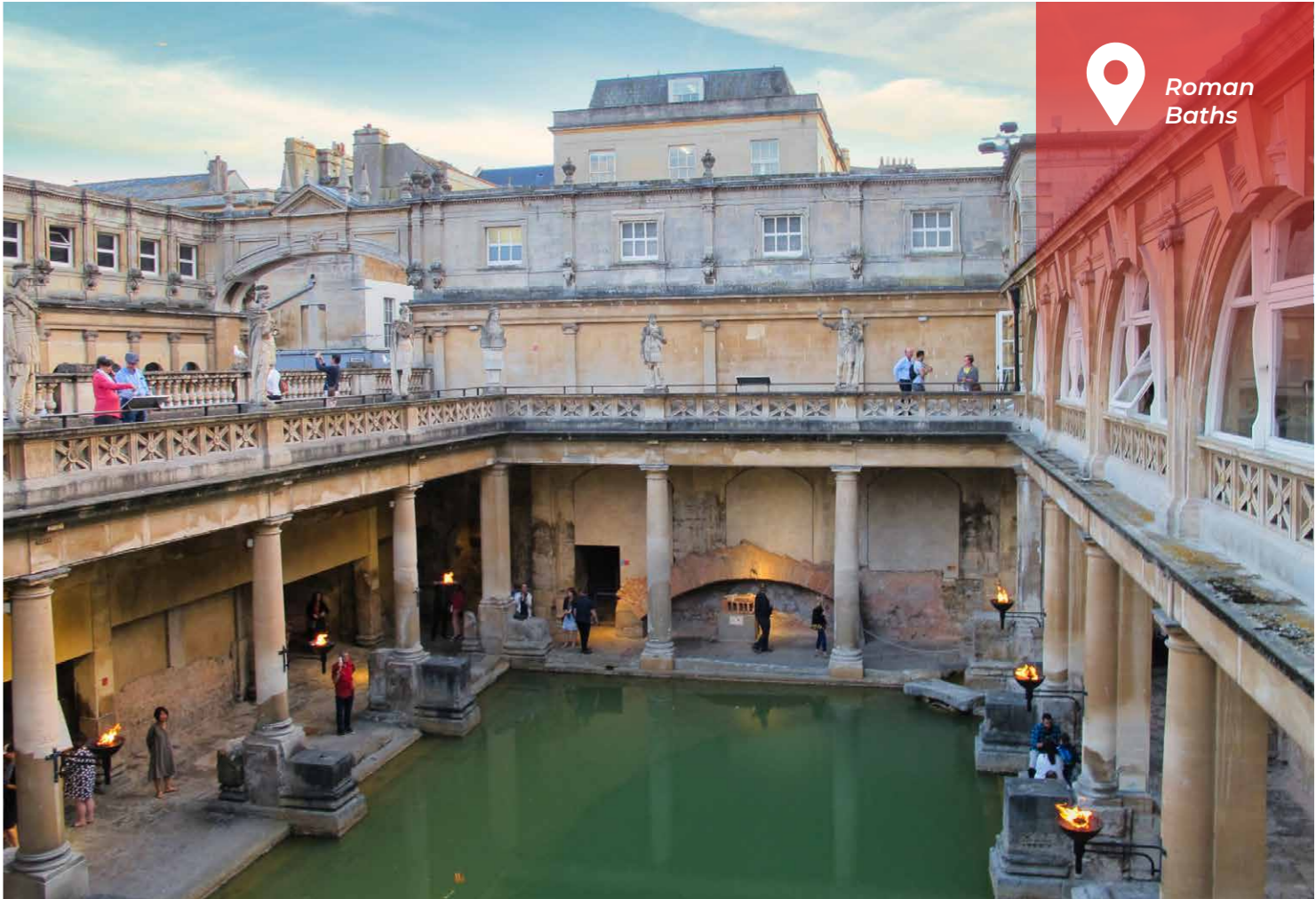
Choose  
From  
4-13  
Day  
Tours

FROM  
**£469**  
PER PERSON





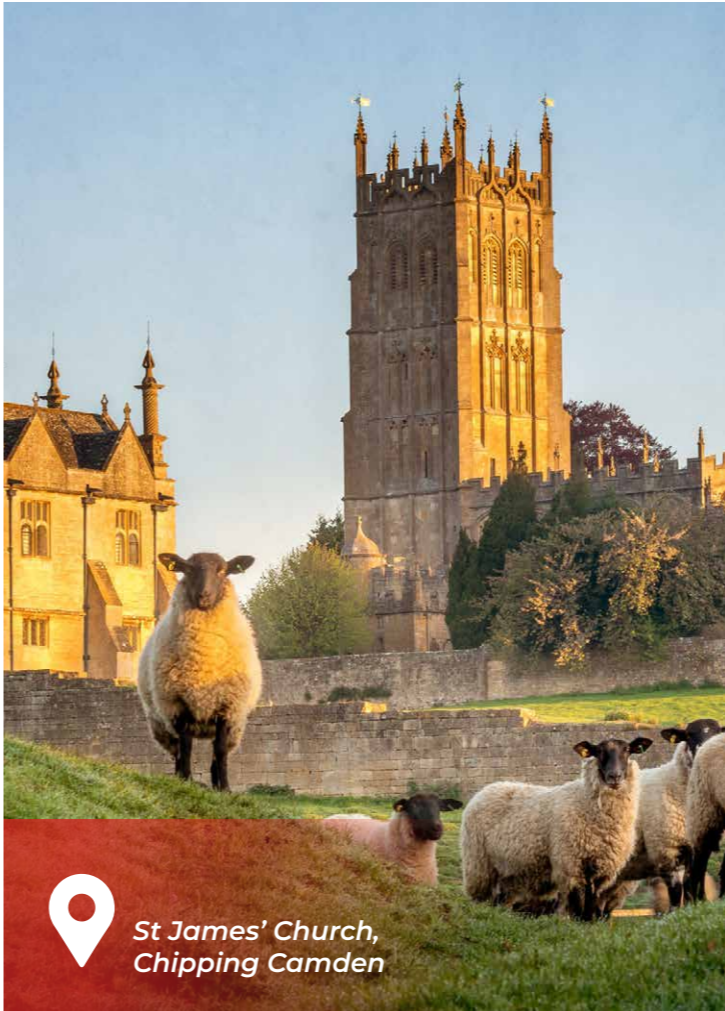
Golden  
Stone  
Thatch  
Cottage



Roman  
Baths



Main Street,  
Winchcombe



St James' Church,  
Chipping Camden



# SOUTH WEST COAST PATH (CORNWALL)



**THE HISTORIC  
COASTGUARD  
PATH NOW A  
HIKER'S GEM**

Choose  
From  
4-12  
Day  
Tours

**FROM  
£499  
PER PERSON**

The South West Coast Path is a 1,014 km (630 miles) long-distance trail which stretches from Somerset to Dorset. Our walking tours focus on the 173km (107.5 miles) long central section of the trail in south west Cornwall between Padstow and Penzance. This part of the trail is also known as the 'Cornwall Coast Path' and offers some of the best coastal walking in Europe.

What sets The South West Coast Path far above many other UK national trails is that around almost every corner is yet another surprise. This path is not a modern creation. Instead, it brings you on an adventure where you retrace the footsteps of past times. Find all of this and more on a recreational trail that has twice been voted 'Britain's Best Walking route'.

## THE ROUTE

With dramatic coastal scenery and breathtaking views of surrounding countryside and moorland, the South West Coast Path offers something for everyone. Whether you're an experienced hiker looking for a challenge, a relaxed ramblar wanting scenic strolls, or a family keen to explore the great outdoors, the South West Coast Path should definitely be on your radar.

Delve into the dramatic headlands, steep coastal valleys, tiny fishing villages, bustling seaside resorts, wooded estuaries and golden beaches sprayed by an ever-present Atlantic surf. Whatever your favoured landscape is, you are sure to find it on this trail.

Keep an eagle eye out for roaming wildlife such as seabirds, dolphins, seals and even whales, adding even more excitement to your trip.

Walking the path is one of the best ways to experience an authentic Cornwall - a land of pirate myth and smuggling legend. Along the way, hikers are also reminded of the area's industrial past in the form of quarrying, mining, lime burning, fishing and boat building.

Trace the well maintained footpaths and pleasant beaches following a route that never strays far from villages and towns. The highest point of this section of the trail is 110m above sea level and the route



typically keeps below 100m. The total aggregate ascent adds up to approximately 5,300m over the route.

The beautiful and dramatic Atlantic coastline of west Cornwall follows the paths used by official Coastguards on the lookout for illegal imports of alcohol and tobacco. The trail is part of the longest and most spectacular National Trail along the most westerly tip of England.

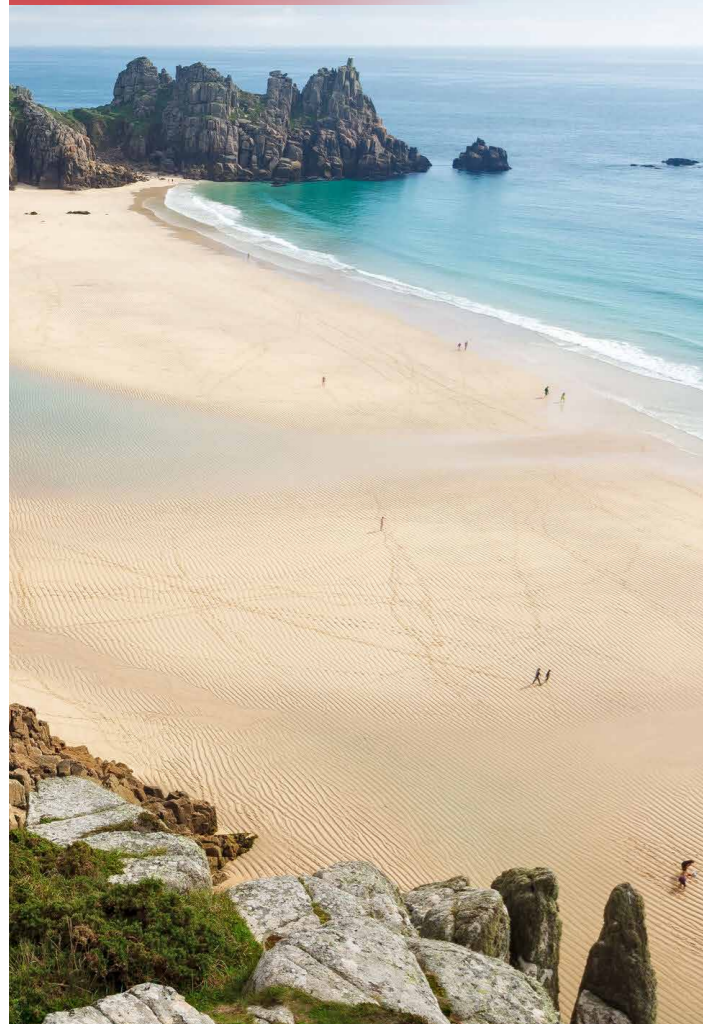
If you fancy a bite to eat after all that walking, you can indulge and enjoy some fresh Cornish fish, famous Cornish pasties and a delicious Cornish ice-cream as you discover the world renowned cuisine in the quiet villages of one of the 'Celtic Nations'.




*We loved the  
scenery, the inns, the  
villages – most of all  
we loved authentic  
local interactions.*

Tim M.  
- USA

 Pedn  
Vounder  
Beach



 Longships Lighthouse  
in the distance on  
Dr Syntax's Headland



 Enys  
Dodnan  
Arch



 Perranport  
Sundial



 The national dish  
- The Cornish Pasty



Wheal  
Coates





# SOUTH DOWNS WAY

**FOLLOW ANCIENT  
TRAILS TO THE  
FAMOUS CHALK CLIFFS**



**FROM  
£499  
PER PERSON**

*Choose From  
4-11 Day Tours*

Travel the length of the South Downs Way and behold interesting wildlife, prehistoric relics, wonderful pubs and pretty villages.

The South Downs Way route follows the old trails and droveways along the chalk escarpment and ridges of the South Downs.

The trail offers visitors a haven that seems a million miles away from the hustle and

bustle of modern life, yet remains only minutes from civilisation.

The meandering route provides a wonderful trip for long distance walkers looking for an exciting short break.

The trail gives a hint of the surrounding landscapes ahead with spectacular views, wildflower meadows old woodlands and charming villages. The area is steeped in history, extending from the Stone-age and Iron-age to the Norman age and beyond.

The route starts in the historic city of Winchester and finishes at the iconic Victorian seaside town of Eastbourne next to the stunning white cliffs of Beachy Head.

## THE ROUTE

Dust off those walking boots and set foot on the beautiful South Downs Way. Whether you are an experienced walker wanting to complete the trail in a short space of time or prefer a more gentle wander through the rolling hills, this is the ideal route for you. The trail is considered to be one of the most scenic coastal paths in the UK with a mixture of colourful forestry and moorland to magnificent coastal edges.

Along the trail you can also visit some of the best preserved Roman mosaics in Britain at Bignor.

Almost the entire walk follows good tracks and open grassland, suitable for hikers of all abilities. A varied landscape awaits, filled with protected habitats, internationally important chalk cliffs, chalk streams, rare species, rich grasslands and beautiful ancient woodland. The route traverses through the South Downs National Park where you can enjoy stunning wildlife at close proximity.

The elevated position for most of the trail ensures you are regularly rewarded by breathtaking views across the English Channel and the Isle of Wight. The aggregate ascent over the entire route is approximately 4,200m.



Holger K.  
- Germany

*We learned a  
lot about the  
region and  
its history.*





# TOUR OPTIONS

Hikes suitable for all.

No matter what your age or fitness we have designed itineraries to suit you.



Our **GENTLE** Hiking Tours are designed with the part-time hiker in mind.



Our **MODERATE** Hiking Tours will suit people who are used to some regular exercise or who have done some previous hiking.



Our **CHALLENGING** Hiking Tours are designed for the experienced hiker or those walkers who love a good challenge.

ENGLAND	AVAILABLE GENTLE TOURS (DAYS)													
HADRIAN'S WALL PATH (EAST TO WEST)	4	5	6	7	8							11		
HADRIAN'S WALL PATH (WEST TO EAST)	4	5	6	7	8	9						11		
COTSWOLD WAY	4	5	6	7	8	9	10							13
SOUTHWEST COAST PATH (CORNWALL)		5	6	7	8	9	10							
SOUTH DOWNS WAY		5	6	7	8			10				12	13	

ENGLAND	AVAILABLE MODERATE TOURS (DAYS)													
HADRIAN'S WALL PATH (EAST TO WEST)	4	5	6	7	8	9	10							
HADRIAN'S WALL PATH (WEST TO EAST)	4	5	6	7	8	9	10							
COTSWOLD WAY	4	5	6	7	8	9	10	11						
SOUTHWEST COAST PATH (CORNWALL)	4	5	6	7	8			10				12		
SOUTH DOWNS WAY	4	5	6	7	8	9	10	11						

ENGLAND	AVAILABLE CHALLENGING TOURS (DAYS)													
HADRIAN'S WALL PATH (EAST TO WEST)	4	5	6	7	8									
HADRIAN'S WALL PATH (WEST TO EAST)		5	6	7	8									
COTSWOLD WAY	4	5	6	7	8	9								
SOUTHWEST COAST PATH (CORNWALL)	4	5	6	7	8	9								
SOUTH DOWNS WAY		5	6	7	8	9								

## LOOKING FOR A LAST MINUTE GETAWAY?


Our Instant Escape hiking tours are the perfect solution!

With guaranteed availability, keen pricing and pre-confirmed itineraries, you can book now and hit the trails without delay.

These tours are available on a first-come, first-served basis so act fast to secure your spot!

Go to: [hillwalktours.com/instant-escapes/](https://hillwalktours.com/instant-escapes/)





*It was the second tour we booked with you  
and again everything was very professionally  
organised. We enjoyed our vacation very much.*

*England is a beautiful country.*

**Petra G.**  
– Austria

**Robyn C.**  
– USA

*It was so well planned.*

*The attention to detail and  
the responsiveness was very*

*reassuring. Everything we*

*needed for this trip to be a*

*success, was provided.*

# WHAT'S INCLUDED

## YOUR STAY

Stay in warm, friendly and welcoming guesthouses and hotels offering up a comfortable bed each night and a big breakfast to keep you going each day.

## LUGGAGE?

Don't worry, we'll organise your luggage to be transferred to your next accommodation while you're out enjoying the trail!

## NAVIGATION

Detailed maps, route note directions written and updated by Hillwalk Tours mean that you never get lost. You also get access to a smartphone GPS app.

## ALTERNATIVES

Discover alternative route options devised from the local knowledge of Hillwalk Tours - routes which you may not find in guidebooks.

## ESSENTIALS

A waterproof map-case to keep your maps and documents dry, along with useful public transport information to help you plan your travel.

## CONTACT

If you need to contact us, we're here 24/7.

## ENJOYMENT

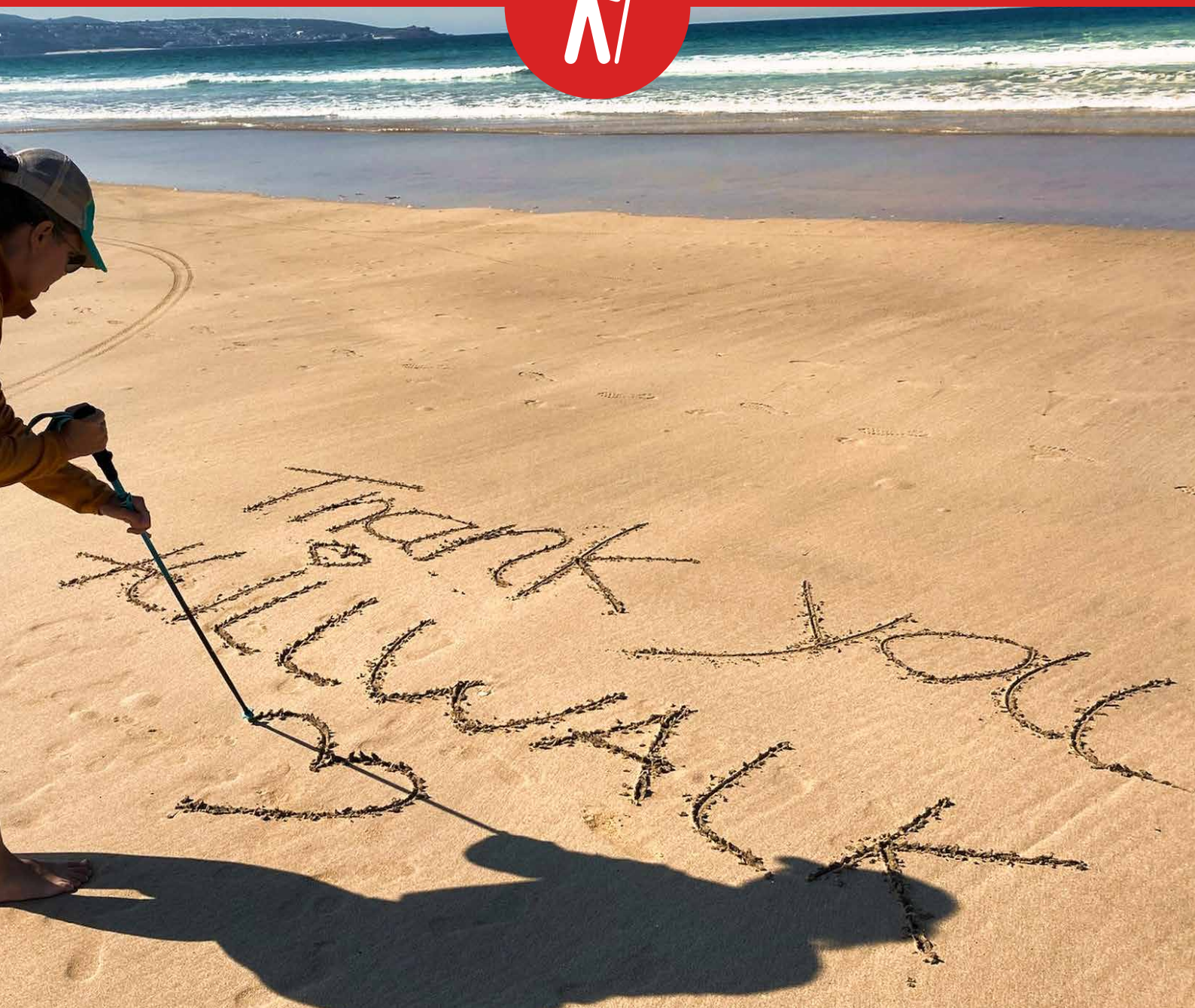
Explore local history and culture in our fascinating guides, while discovering the most interesting attractions on the trail along with tips on the best places to eat and drink.

**HILLWALK  
TOURS**

**00 353 91 763994**

**INFO@HILLWALKTOURS.COM**

**WWW.HILLWALKTOURS.COM**



**EXPLORE ENGLAND WITH US**

UPDATED OCTOBER 2025