HILLWALK TOURS

SCOTLAND

SELF-GUIDED HIKING TOURS



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HIKING IN SCOTLAND

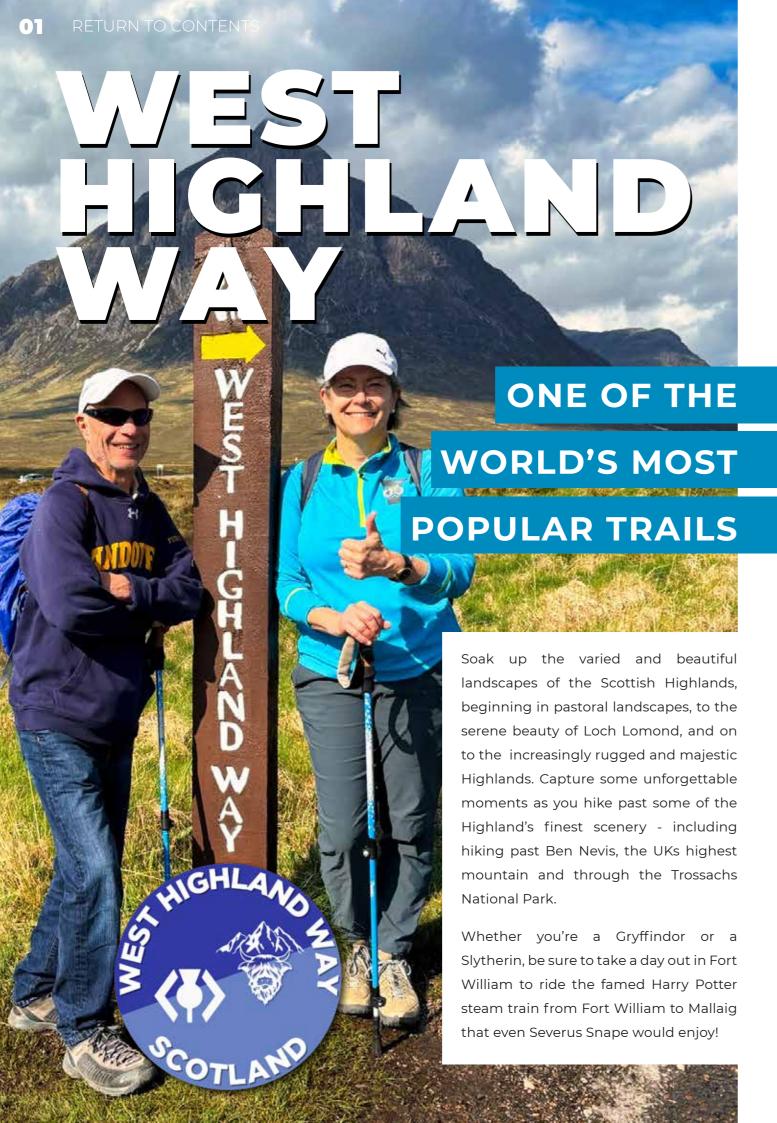
Immerse yourself into the wild and wonderful Scottish wilderness by discovering the best hiking adventures that Scotland has to offer.

Breathe in salty sea air and bear witness to dramatic seascapes,

a step into the wilderness on our West Highland Way and Great Glen Way trails to experience some of the finest and most dramatic mountain and loch scenery that can be found anywhere in the world. Perhaps you're more of a historian and would like to follow in the footsteps of one of the most celebrated outlaws Rob Roy MacGregor, the Robin Hood of the Highlands along

the stunning Rob Roy Way trail. If you fancy a little tipple along your way, why not discover the whisky country of the Speyside Way & Cairngorms. Explore the border country that straddles the Scottish/English border along St Cuthbert's Way.

Now you can also sample the world's most scenic railway as well as complete some fabulous hiking on our West Highland Line: Train & Hike Tours!



THE ROUTE

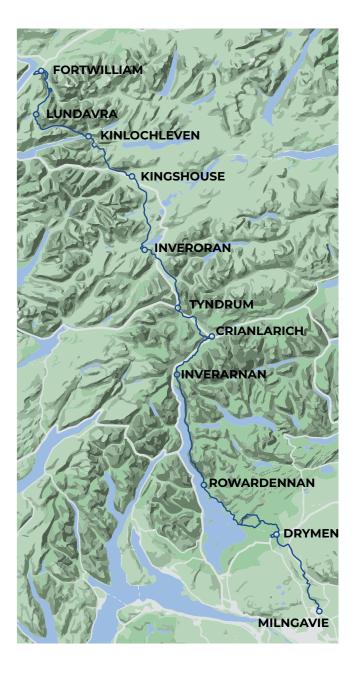
The West Highland Way commences in Milngavie town centre just 25 minutes by train from Glasgow Central Station. From here, the trail enters open countryside and leaves the northern fringe of Glasgow City. It proceeds by way of country roads, an abandoned railway line, a Forest Park and the scenic Conic Hill to reach Balmaha on Loch Lomond.

This mystical loch lies in the heart of Loch Lomond and the Trossachs National Park, where you'll be surrounded by charming villages, rolling countryside and magnificent hills.

North of Tyndrum the Way enters more remote landscapes and passes through Glen Orchy before crossing the desolate, yet beautiful, moorland of Rannoch Moor and descends into the famous Glencoe. This location is often considered one of the most spectacular and beautiful places in Scotland, if not the world.

The narrow glen boasts a dramatically grim grandeur, shut in on both sides by wild and precipitous mountains. From here, the route climbs the Devil's Staircase before a gradual descent to Kinlochleven. The final stage skirts along the Mamores Mountains on an old military road and descends into the beautiful Glen Nevis before finishing in Fort William.

The terrain over the course of the West Highland Way is varied and includes forest, moorland, hillside, and pastoral pathways. The trail avoids the high mountain tops and is within the capabilities of most walkers.

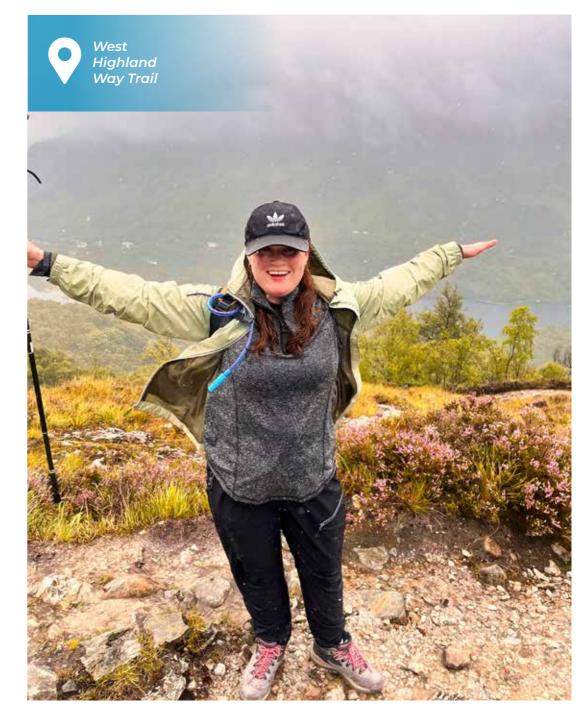














GREAT GLEN WAY & LOCH NESS

THE HOME

OF NESSIE!

Experience timeless Scottish Highland scenery with lochs, forest trails and heather covered hills. You may even catch a glimpse of "Nessie", the Loch Ness Monster, have your camera ready!

Follow this stunnning coast-to-coast hiking trail all the way across Scotland as you trace the route of the Caledonian Canal from Fort William on the east coast to Inverness on the North Sea.

Enjoy spectacular surroundings, minus the climbing, as most of this relatively gentle hike keeps to lower levels of the Great Glen. For those willing to spend a little more energy in exchange for more dramatic views across Loch Ness there is also a higher-level route option between Fort Augustus and Drumnadrochit.

Visit the iconic Urquhart Castle on the shores of Loch Ness. The famous ruins of this 13th Century stronghold, home to the Clan Grant, will give you a taste of how it felt to live during the turbulent tims of medieval Scotland.

Jasmine A. – USA

The entire experience

was amazing! No stress

whatsoever, I just woke

up and went on an

amazing hike each day.

One of the best weeks

of my life.

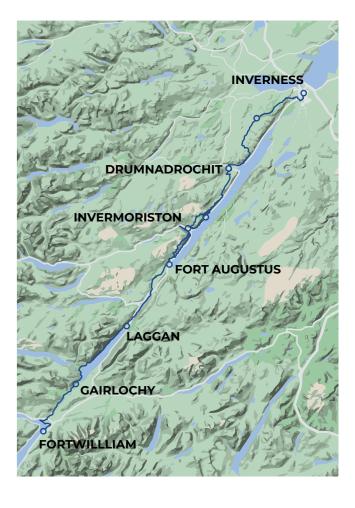


Linnhe, a sea loch that opens out onto the Atlantic Ocean. The route takes you to the various freshwater lochs which make up the Caledonian Canal inland waterway.

For those "Nessie" believers, this majestic waterway is linked to the magical Loch Ness, where you will have the opportunity to see if you can spot the mythical monster. The way heads into open moor and farmland before entering the hustling, bustling streets of Inverness.

Much of the route follows forest tracks and roads as well as the well-maintained and mostly level towpaths of the Caledonian Canal. For the more experienced walker, a more challenging route with more climbs and slightly more rugged terrain is available.

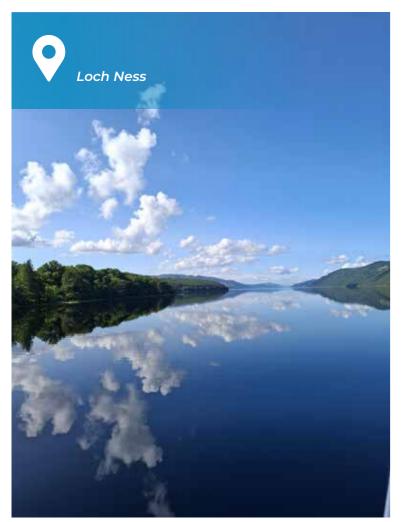






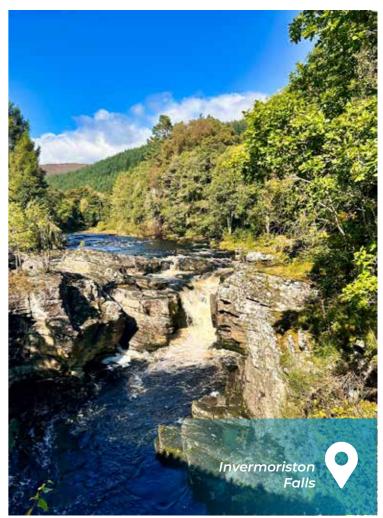














Experience some of Scotland's greatest scenery as the Rob Roy Way guides you through enchanting glens and along glistening lochs, rivers and burns into the enchanting heart of Scotland. Follow in the footsteps of the notorious outlaw and Scottish folk hero, Rob Roy, as you hike along ancient cattle drovers' trails.

Enjoy views of beautiful lochs and majestic mountains and get a sense of history on this quieter but beautiful alternative to the West Highland Way. Relaxation calls each evening in some of Scotland's most picturesque little towns and villages, such as Callander, Killin, Aberfeldy and Pitlochry.

Fancy a tipple along the way? Enjoy a well deserved dram of whisky at Dewar's Whisky Distillery in Aberfeldy or indulge in a local ale or some tasty Scottish cuisine in the cosy and traditional pubs and inns along the route. This trail gives you an appreciation of Rob Roy's love for this region and his dedication to defending his land.



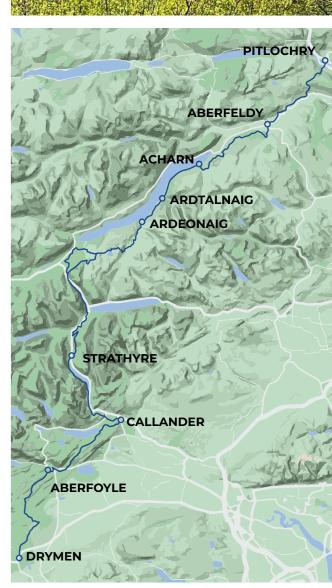
The Rob Roy Way winds through some incredible Highland scenery, passing various lochs and rivers and offering stunning mountain views. The trail starts in the small village of Drymen, near the southern shores of Loch Lomond and

then heads north east to Aberfoyle.

The route wanders through tracks, mountain paths, minor roads, cycle paths and footpaths to reach the town of Pitlochry. The trail then wanders on tracks and minor roads through the Loch Ard Forest to the village of Aberfoyle in the heart of the Trossachs National Park. This park boasts some of the most stunning scenery in the world, from breathtaking mountains and glens to the vast tranquil beauty of the lochs.

Experience areas of outstanding natural beauty with magnificent views above Loch Tay. Continue your hike into the pretty towns of Callander, Strathyre, Killin and Aberfedly to name a few before you end the trail in the picturesque Victorian spa town of Pitlochry.

Although the trail passes through the majestic highlands, it avoids the summits and keeps mainly to the glens which makes it very accessible.







Breathe in the fresh sea air on one of Scotland's finest coastal hiking trails with its pretty seaside villages, sandy beaches, storied history and charming old harbours. Make sure to bring your binoculars to spot a wide variety of beautiful wildlife, such as seals, dolphins, red squirrels and a number of marine birds. Visit the famous town of St Andrews which is noted as the home of Golf. It is also well known for it's historic (which university boasts

the education of the British Royal Family) along with its beautiful medieval streets and gorgeous traditional buildings.

Feel like a pro, and play a round of golf on one of the 7 golf courses which are open to the public.

This trail is filled with adventure and exciting activities while also offering you some of the best coastal scenery of Scotland.





THE ROUTE

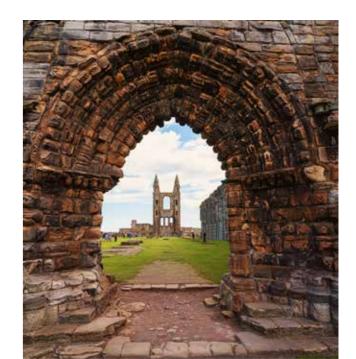
Commence your trail through historic villages, award-winning beaches and wildlife reserves in North Queensferry. The route has a gentle gradient throughout, however, it still offers plenty of contrast, with parts of the trail also feeling surpisingly remote and peaceful.

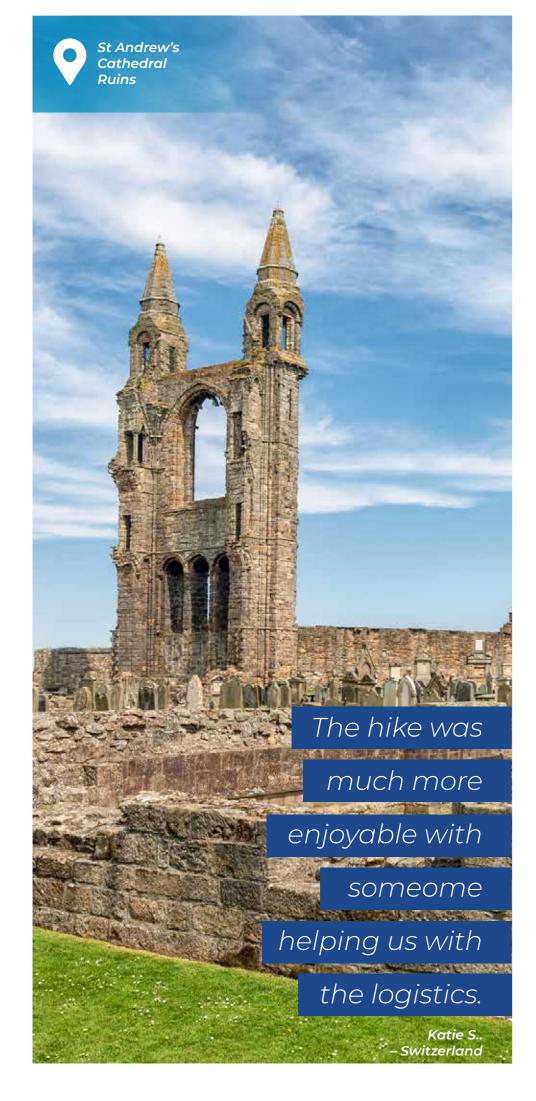
Look out for seals and terns as the path makes its way along the stunning coastline. Take a step back in time when you visit the charming centuries old harbours at Dysart and Crail (the most photographed harbour in Scotland), the medieval town of St. Andrews and explore some WWII relics. You will find that history surrounds you along this trail, ready to be explored at every turn.

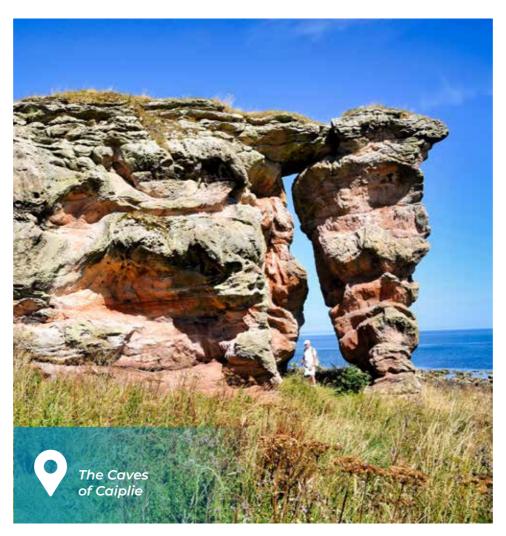
Make your way through the contrasting landscapes of golden beaches and attractive forestry as you reach the final town and beautiful nature reserve of Newport-on-Tay

with its Thomas Telford built harbour leading it to be called "New Dundee".

The walking on the Fife Coastal Path is relatively straight forward, covering mostly low-lying terrain, along grassy coastal tracks and paths, passing over low clifftop and rocky beaches, woodland, bridleways, beach and dune walking and some regular asphalt walking through towns and villages.

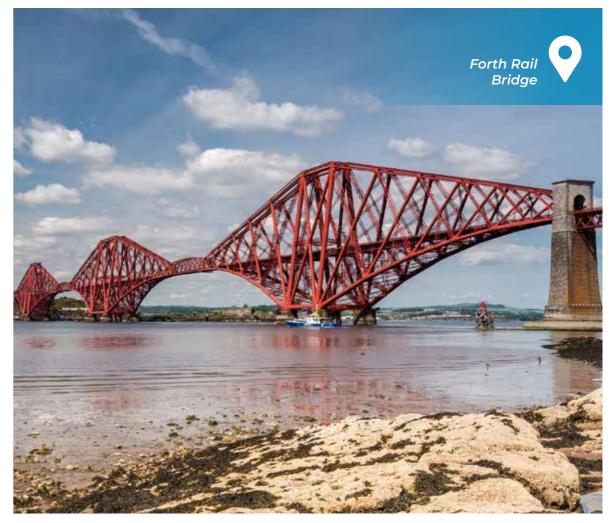














THE WHISKY TRAIL

Looking for a more laid-back route? Spare those legs of yours and explore the Speyside Way. This route offers a more tranquil trail along disused railway lines and pretty riverside tracks. This trail takes in seven world-famous working distilleries, one historic distillery and the fascinating Speyside Cooperage. Explore the woodlands and heather moors teeming with wildlife.

In the mood for a wee dram of whisky? Our itinerary leads through the heart of the malt whisky capital of the world, passing close to more than 20 distilleries. If you fancy some Scottish history then a visit to the magnificent Ballindaloch Castle is in order. Whatever you prefer, this trail offers a wide variety of exciting and unique adventures for all tastes..

THE ROUTE

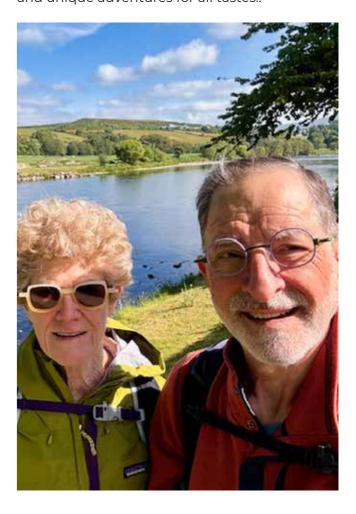
Explore The Speyside Way & Cairngorms from where it begins in the quaint costal burgh town of Buckie. The trail hugs the coast to the mouth of the glistening river Spey at Spey Bay. Make your way onwards to the first of many distilleries in the town of Craigellachie, home to the famous Macallan distillery, an essential stop for whisky connoisseurs.

Ever wondered how whisky barrels were made? Well look no further with a visit to the fascinating Speyside Cooperage, where whisky barrels are made and repaired using traditional methods.

After all this whisky talk, try not to stumble along the trail into the famous village of Aberlour. This is one for the sweet tooth, as you can indulge yourself, but not too much, in Scottish shortbread, home of the famous Walker's shortbread.

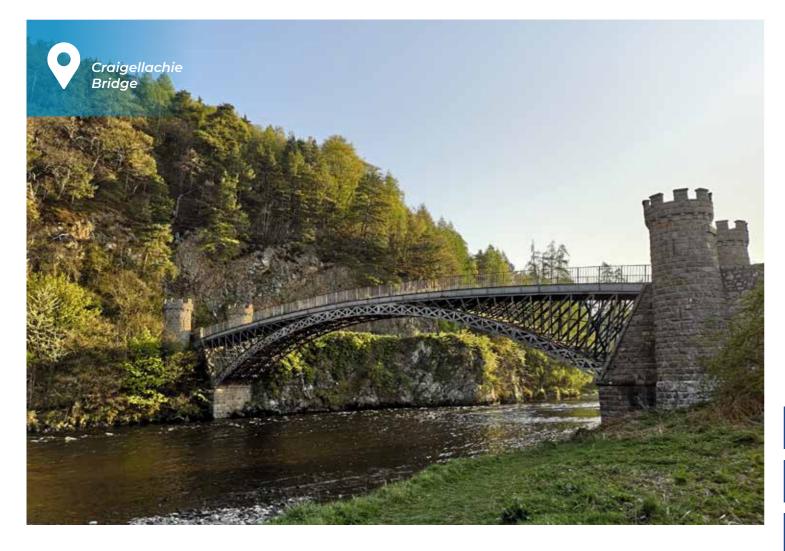
Explore the historical tracks of the Strathspey Steam Railway to the trail end point at Aviemore (famed for its outdoor sports), where you might also be lucky enough to see some steam trains pass by.

For much of the route the Speyside Way & Cairngorms follows fairly level and well-



maintained footpaths and tracks. They often run beside the river and on former railway tracks and pass through woodlands and heather moors with good trail surface throughout.

The main route stays in the valley of the Spey and for the most part looks towards the hills and mountains rather than climbing into them so the trail should suit all hikers.

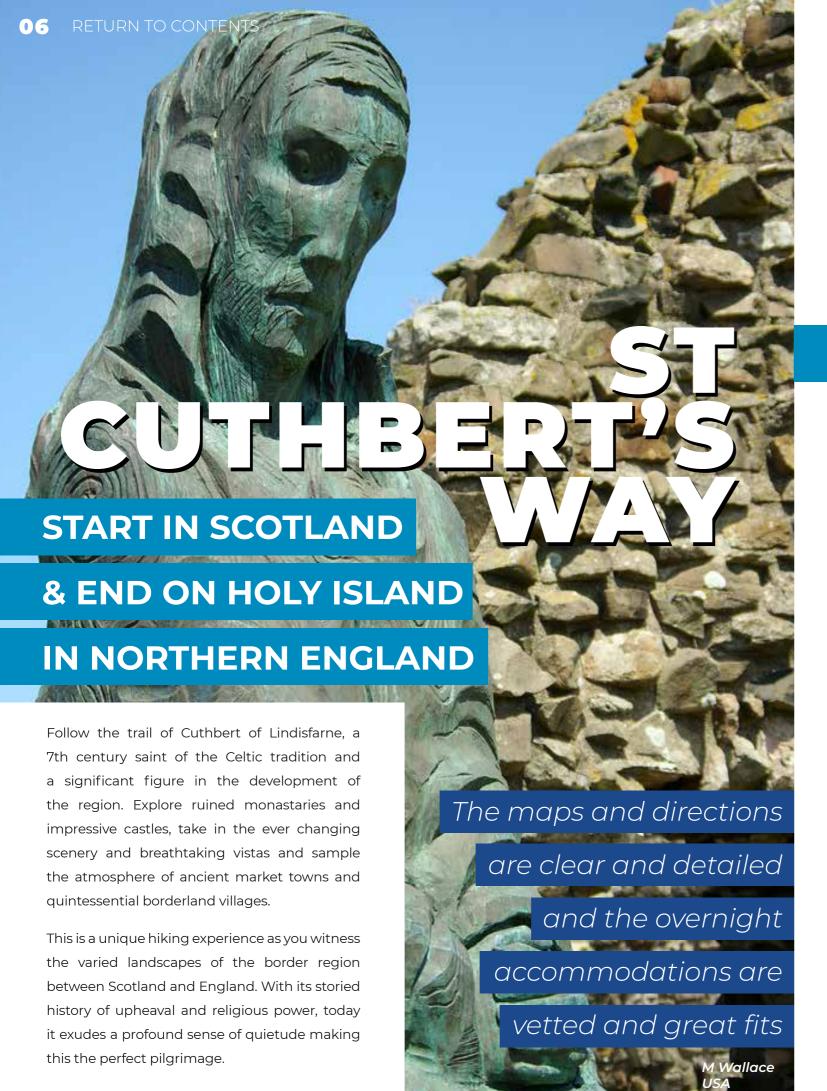














THE ROUTE

St Cuthbert's Way begins in Melrose where the young novice started his religious life around 640 AD having seen a vision on the night the Irish monk Aidan of Lindisfane died. The trail climbs the Eildon Hills offering stunning views of the Scottish Borders before winding through woodlands and along the River Tweed. You'll see historic landmarks like Melrose Abbey and Dryburgh Abbey at St Boswells.

Following an old Roman road, the route cuts through farmland with wide-open views and passes through woodlands near Harestanes and Monteviot House. After crossing the River Teviot, the trail continues through fields and quiet woodlands leading past Cessford Castle and on to Morebattle. The climb over Wideopen Hill, the trail's highest point, offers beautiful panoramas.

From Kirk Yetholm the walk enters the remote moorlands of the Cheviots, crossing the



border into England with expansive views.

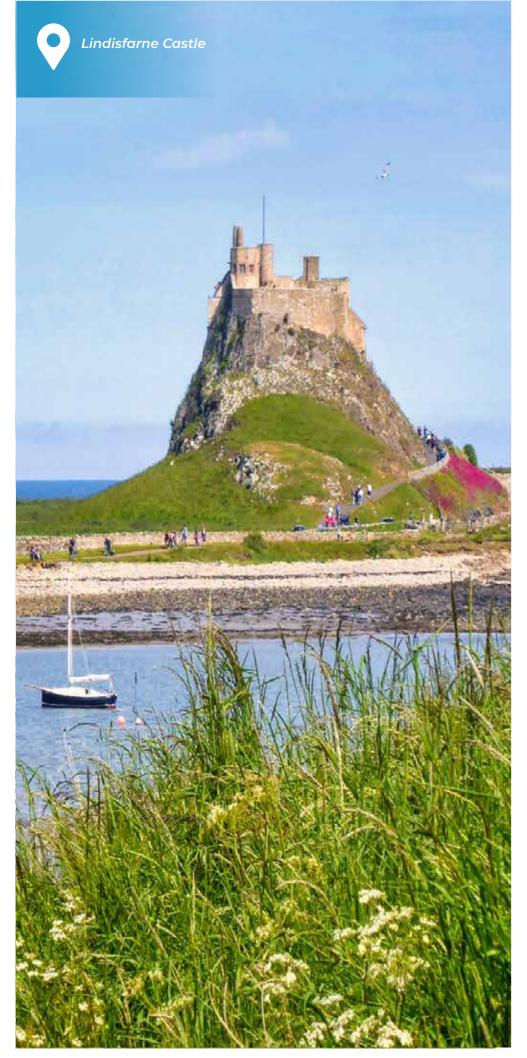
After passing through Wooler, the trail crosses

Weetwood Bridge and St Cuthbert's Cave, where
monks once sheltered with the saint's relics.

The final day is a highlight with a scenic walk leading to the coast and the tidal causeway to Lindisfarne. You can cross to Holy Island by road or via the Pilgrim's Way across the sands, a walk which echoes thousands of years of pilgrim history. Be sure to explore the island's medieval priory, castle and cafés.

Our St Cuthbert's Way itineraries are truly unique, especially our gentle tours. Contact us to enjoy a one-of-a-kind hiking experience.

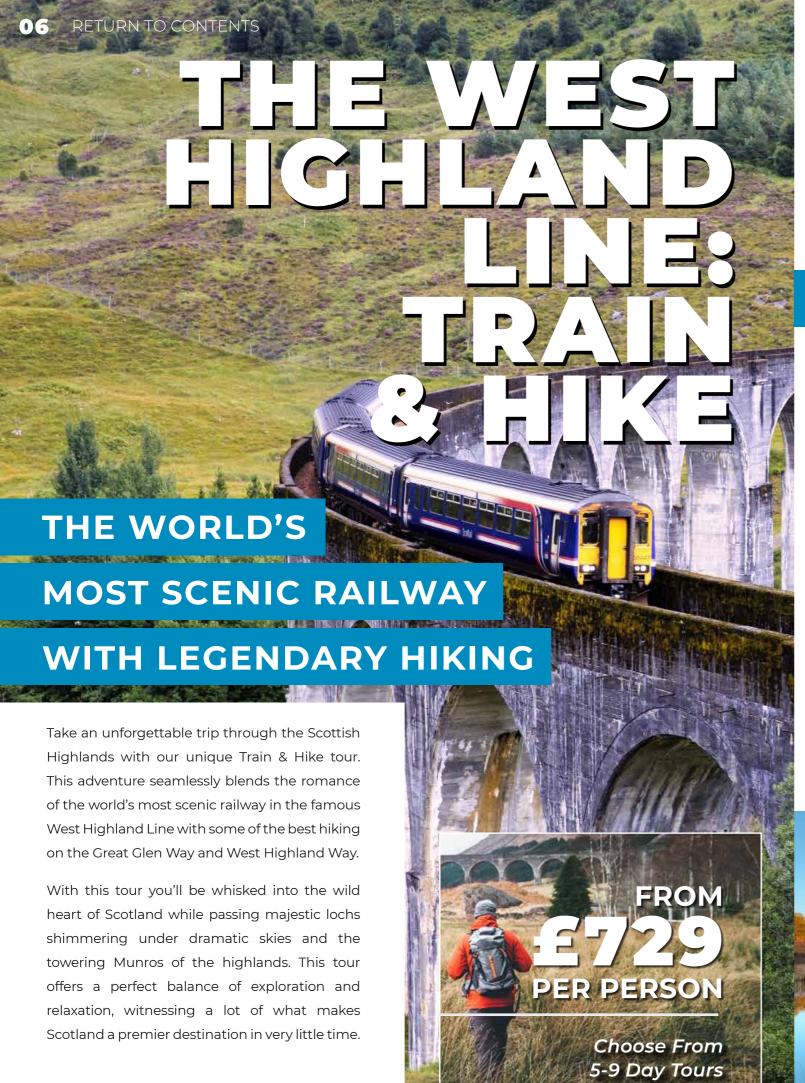














THE ROUTE

Your Highland adventure begins with a scenic train journey from Glasgow to Loch Lomond and The Trossachs National Park. At Ardlui, a ferry crossing at Loch Lomond marks the start of your hike along the legendary West Highland Way.

The trail winds through diverse terrain, from lush forests to rolling hills, passing iconic landmarks like Ben More and the historic Strathfillan. Consider a delightful day trip to Oban, known as Scotland's seafood capital, before returning to the trail. The landscape becomes more dramatic as you head north towards Bridge of Orchy passing beneath imposing peaks and the serene Loch Tulla.

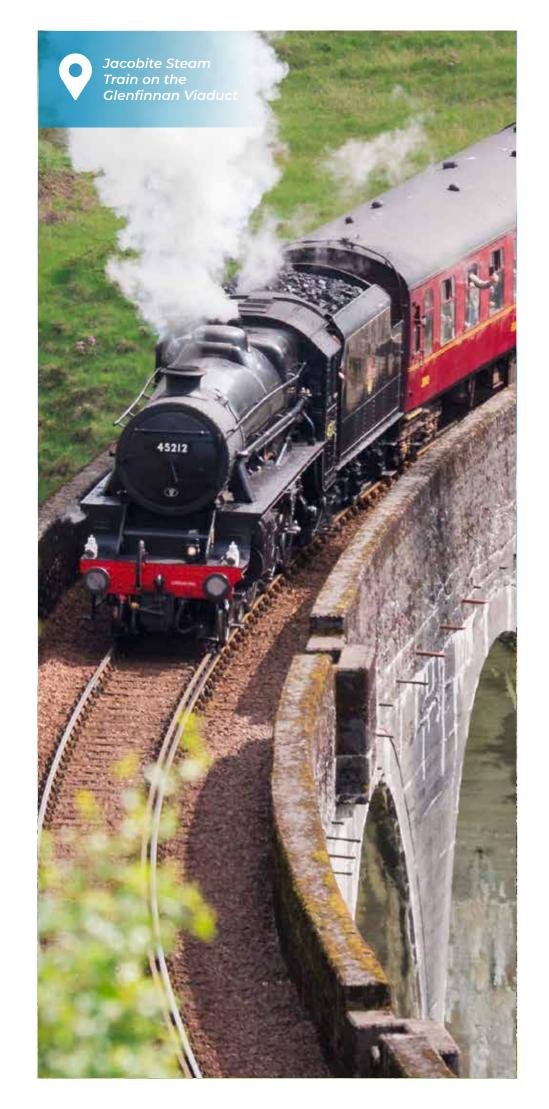
A train ride across the remote Rannoch Moor offers unparalleled views of the vast Scottish wilderness. A final hike along the historic Great Glen Way, following the towpath of the

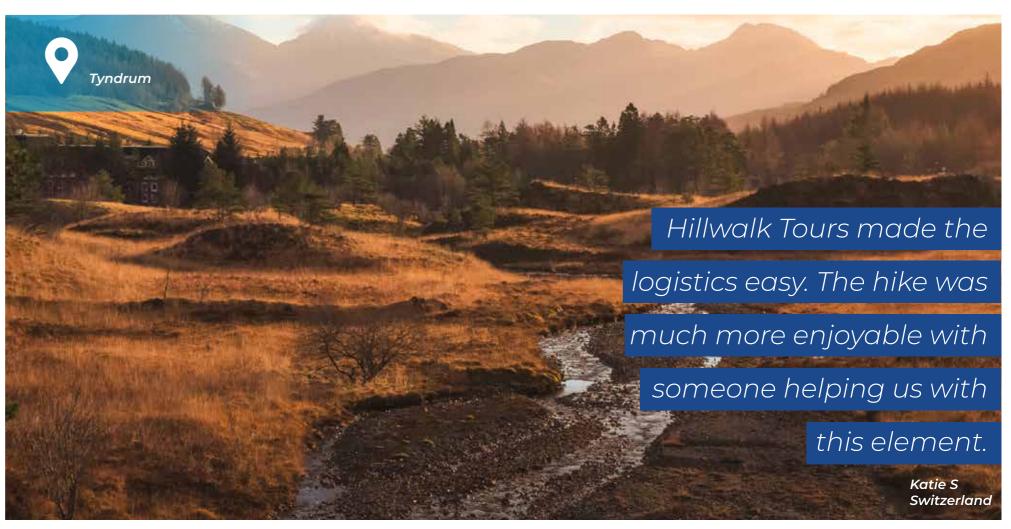


Caledonian Canal, brings you to Fort William, nestled in the shadow of Ben Nevis.

From Fort William, the train journey to Mallaig is truly special, crossing the iconic Glenfinnan Viaduct, a highlight for Harry Potter fans. You can also book a seat on the Jacobite Steam Train but it must be booked by each hiker individually.











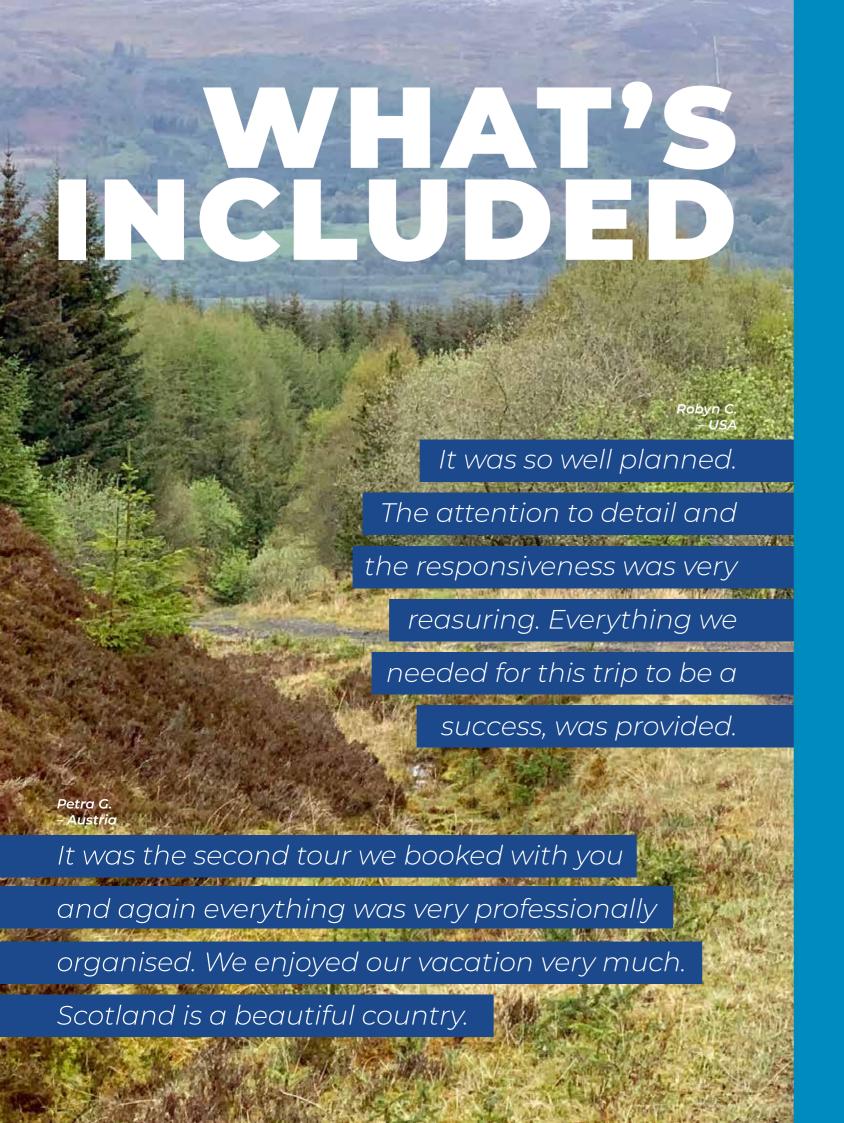
SCOTLAND	AVAILABLE GENTLE TOURS (DAYS)								1/1 1/1
WEST HIGHLAND WAY	4	5	6	7	8	9			
GREAT GLEN WAY & LOCH NESS		5	6	7	8	9			
ROB ROY WAY				7	8	9	10		
FIFE COASTAL PATH		5	6	7	8	9	10		
SPEYSIDE WAY & CAIRNGORMS		5	6	7	8				
ST CUTHBERT'S WAY	4	5	6	7	8	9			
WEST HIGHLAND LINE: TRAIN & HIKE		5	6	7	8	9			
SCOTLAND	AVAILABLE MODERATE TOURS (DAYS)								K K
WEST HIGHLAND WAY	4	5	6	7	8	9	10		
GREAT GLEN WAY & LOCH NESS		5	6	7	8	9			
ROB ROY WAY			6	7	8				
FIFE COASTAL PATH		5	6	7	8				
SPEYSIDE WAY & CAIRNGORMS		5	6	7	8	9			
ST CUTHBERT'S WAY	4	5	6	7	8				
WEST HIGHLAND LINE: TRAIN & HIKE			6	7	8				
SCOTLAND	AVAILABLE CHALLENGING TOURS (DAYS)								\\ \dag{\dag{\dag{\dag{\dag{\dag{\dag{\d
WEST HIGHLAND WAY	4	5	6	7	8				
GREAT GLEN WAY & LOCH NESS	4	5	6	7					
ROB ROY WAY		5	6						
FIFE COASTAL PATH		5	6	7					
SPEYSIDE WAY & CAIRNGORMS		5	6	7	8				
ST CUTHBERT'S WAY			6	7					
WEST HIGHLAND LINE: TRAIN & HIKE									

LOOKING FOR A LAST MINUTE GETAWAY?

Our Instant Escape hiking tours are the perfect solution! With guaranteed availability, keen pricing and pre-confirmed itineraries, you can book now and hit the trails without delay. These tours are available on a first-come, first-served basis so act fast to secure your spot!

Go to: hillwalktours.com/instant-escapes/





YOUR STAY

Stay in warm, friendly and welcoming guesthouses & hotels offering up a comfortable bed each night and a big breakfast to keep you going each day.

LUGGAGE?

Don't worry, we'll organise your luggage to be transfered to your next accommodation while you're out enjoying the trail!

NAVIGATION

Detailed maps and route note directions written and updated by Hillwalk Tours mean that you never get lost.

ALTERNATIVES

Discover alternative route options devised from the local knowledge of Hillwalk Tours - routes which you may not find in guidebooks.

ESSENTIALS

A waterproof map-case to keep your maps and documents dry, along with useful public transport information to help you plan your travel.

CONTACT

If you need to contact us, we're here 24/7.

ENJOYMENT

Explore local history and culture in our fascinating guides, while discovering the most interesting attractions on the trail along with tips on the best places to eat and drink.





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EXPLORE SCOTLAND WITH US