

HILLWALK
TOURS

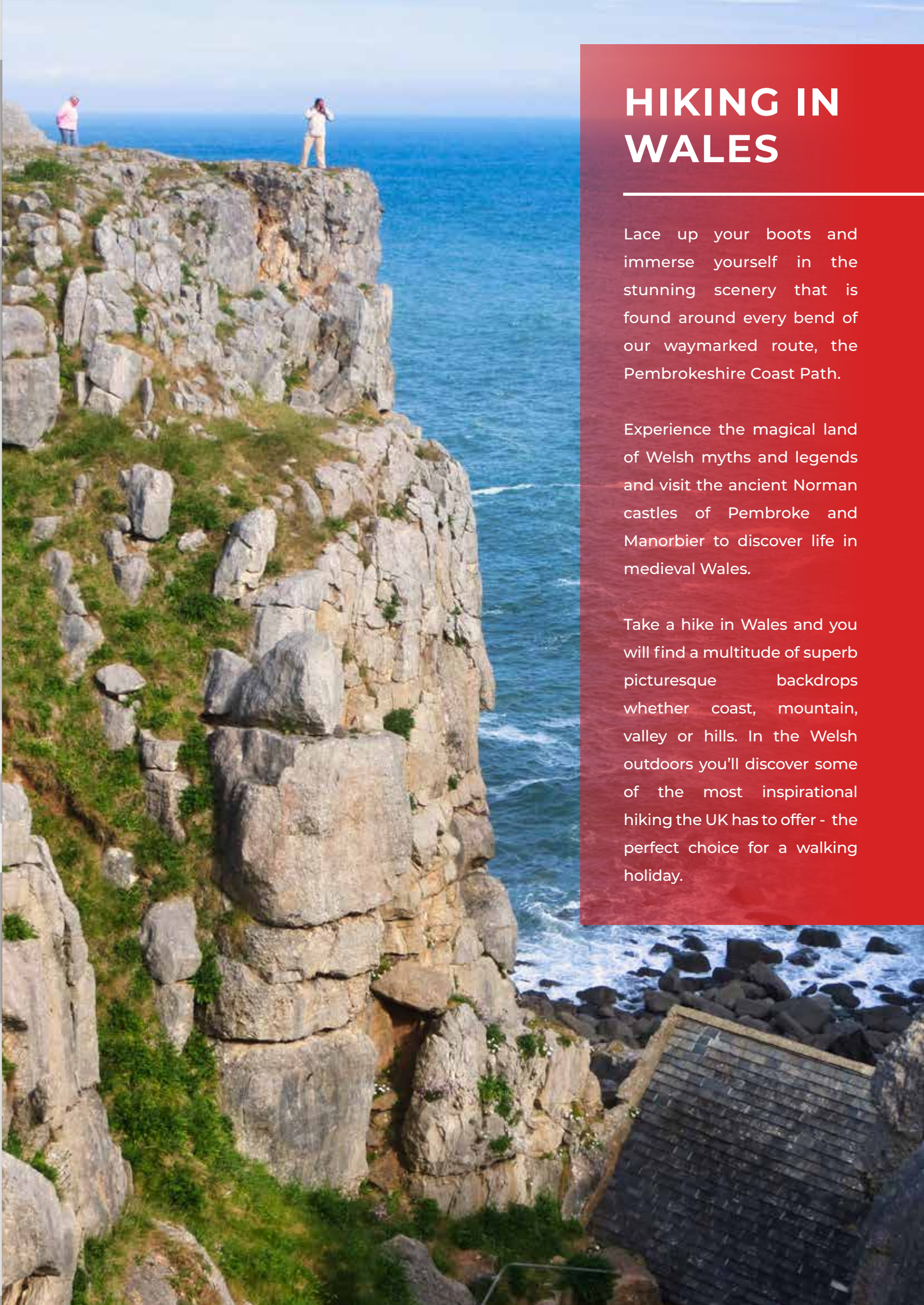
WALES

SELF-GUIDED HIKING TOURS



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CONTENTS



HIKING IN WALES

Lace up your boots and immerse yourself in the stunning scenery that is found around every bend of our waymarked route, the Pembrokeshire Coast Path.

Experience the magical land of Welsh myths and legends and visit the ancient Norman castles of Pembroke and Manorbier to discover life in medieval Wales.

Take a hike in Wales and you will find a multitude of superb picturesque backdrops whether coast, mountain, valley or hills. In the Welsh outdoors you'll discover some of the most inspirational hiking the UK has to offer - the perfect choice for a walking holiday.

01

Pembrokeshire Coast Path

02 Tour Options

This PDF Document has interactive links. Click on the tour name to be brought to that page. The tour title on individual pages are hyperlinked to the web site as are the tour titles in the Tour Options section.

Please Note that the prices herein are correct at time of publication. Check our website for correct and accurate prices as they may be subject to change.

PEMBROKESHIRE COAST PATH



FROM
£459
PER PERSON

Choose
From
4-8
Day
Tours

Enjoy some of the best coastal walking in Great Britain while hiking along the dramatic Celtic Sea in the south of Wales.

The Pembrokeshire Coast Path twists and turns its way through 186 miles (300km) of the most breathtaking coastal scenery in the UK. The trail covers almost every kind of maritime landscape - from rugged cliff tops and sheltered coves to wide-open beaches, winding estuaries, ancient harbours and fishing villages.

Visit unspoilt, charming seaside towns within the UK's only truly coastal National Park – an inspiring realm of seacoast and sky.

Discover 'one of the best places in the world to visit' according to National Geographic Magazine and 'one of the most spectacular long distance routes in Britain' according to Lonely Planet.

Florence N. – USA

Perfect in every way.

I am going to plan another vacation with this company soon.

BEAUTIFUL, WILD WITH SENSATIONAL VIEWS

With our trail stretching from Amroth to Pembroke, the Path takes in some of the most breathtaking scenery from steep limestone cliffs and undulating red sandstone bays, to volcanic headlands, beaches, estuaries and flooded glacial valleys.

Lying almost entirely within the Pembrokeshire Coast National Park, the trail hosts an array of coastal flowers and bird life. As well as offering walkers spectacular coastal scenery and wildlife, the trail passes through a landscape rich in the history of human occupation and maritime history.

Walking the trail reveals Neolithic Cromlechs, Iron Age promontory forts and massive Norman castles such as those at Pembroke, Tenby and Manorbier.

The area was largely forged out of the activities of fishing and farming, as shown by the small coastal settlements and the farmed landscape.

These villages were not just providers of food, they also linked Pembrokeshire to what was in the days before road and rail, the major highway of the sea. Immerse yourself in Welsh myth and legend as you traverse through this historically rich region.



Our Pembrokeshire Coast Path tours focus on the most popular 90km long Southern section, between Amroth and Pembroke. This section of the trail offers some of the best coastal walking Britain has to offer, passing through charming seaside towns and villages such as Saundersfoot, Tenby and Manorbier before finishing at the impressive Norman castle in Pembroke.

The walking on the Pembrokeshire Coast Path is generally not too strenuous. The paths often follow close to the cliff edge leading down to the beach and back up again and are well maintained and signposted. The ascents and descent are said to be the equivalent of climbing Mount Everest but over a full tour you won't feel it!





THE ROUTE

The path begins in Amroth, following a breathtaking beach walk before ascending into the wooded cliff tops. It then continues along a scenic route of cliffs and beaches, passing through the picturesque seaside resort of Saundersfoot and culminating in the delightful, vibrant harbour town of Tenby. From the golden sandy beaches of Tenby, the path climbs to the clifftops once more and offers stunning views, passing the little beach at Skrinkle Haven with its famous 'church doors' natural feature in the cliffs. The trail continues to hug the cliffs before detouring inland around the Royal Military Range at Manorbier to discover the King's Quoit Cromlech – a Neolithic burial chamber.

From Manorbier beach the trail climbs back up to the cliff tops and passes magical secluded



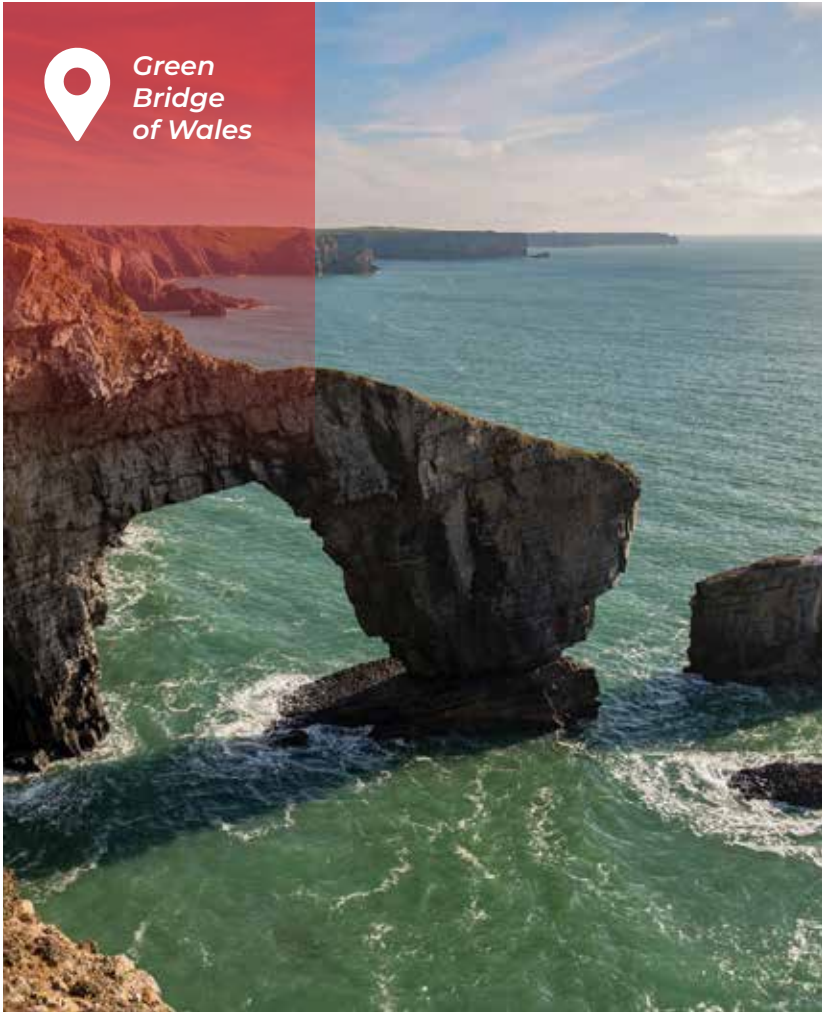
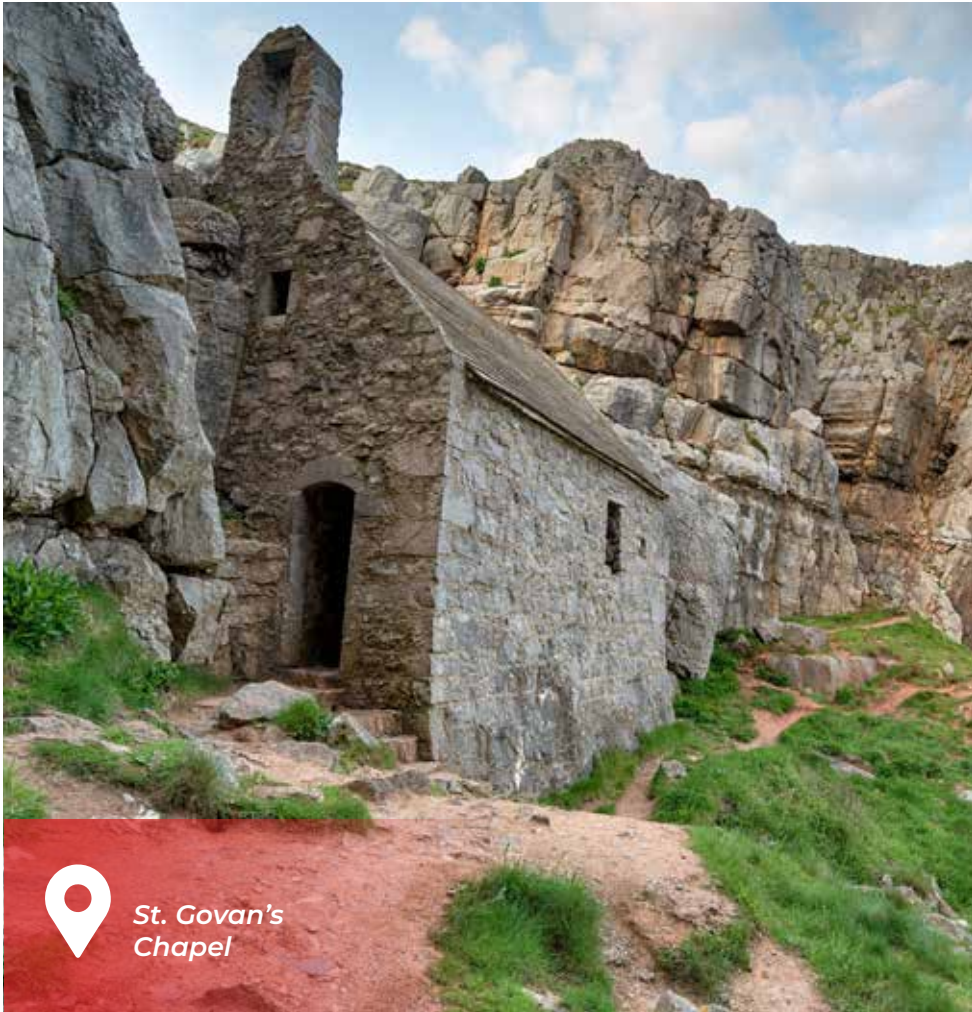
coves and lovely beaches including the beautiful Barafundle beach – often named the best beach in Wales – before reaching Broadhaven South beach. Take in a breath of the fresh sea air when you stop to take a snap that would make anyone envious. The shorter option of this route leads through the rolling dunes and past the famous lily ponds of Bosherton.

The slightly longer option continues along golden beaches and passes through the rugged military range towards St. Govan's Chapel, a spectacular

hidden gem carved out of the cliff face. You won't want to miss what awaits you, when the trail continues towards Angle with magnificent views over Milford Haven, one of the deepest natural harbours in the world.

On the final stretch of the trail learn all about the history of the industrial activity that took place centuries before, before finishing off at the impressive and mystical Pembroke Castle, birthplace of Henry VII.





TOUR OPTIONS

Hikes suitable for all.

No matter what your age or fitness we have designed itineraries to suit you.



Our **GENTLE** Hiking Tours are designed with the part-time hiker in mind.



Our **MODERATE** Hiking Tours will suit people who are used to some regular exercise or who have done some previous hiking.



Our **CHALLENGING** Hiking Tours are designed for the experienced hiker or those walkers who love a good challenge.

WALES	AVAILABLE GENTLE TOURS (DAYS)					
PEMBROKESHIRE COAST PATH	4	5	6	7	8	
WALES	AVAILABLE MODERATE TOURS (DAYS)					
PEMBROKESHIRE COAST PATH	4	5	6	7		
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LOOKING FOR A LAST MINUTE GETAWAY?

Our Instant Escape hiking tours are the perfect solution! With guaranteed availability, keen pricing and pre-confirmed itineraries, you can book now and hit the trails without delay. These tours are available on a first-come, first-served basis so act fast to secure your spot!
Go to: hillwalktours.com/instant-escapes/



WHAT'S INCLUDED

This was my third time booking a long distance walk with Hillwalk and like the others it did not disappoint. We loved and appreciated each day. It's so nice to be able to hike with just a small day pack that has my lunch and rain gear in it.

thermwk
- Seattle, USA

YOUR STAY

Stay in warm, friendly and welcoming guesthouses and hotels offering up a comfortable bed each night and a big breakfast to keep you going each day.

LUGGAGE?

Don't worry, we'll organise your luggage to be transferred to your next accommodation while you're out enjoying the trail!

NAVIGATION

Detailed maps and route note directions written and updated by Hillwalk Tours mean that you never get lost.

ALTERNATIVES

Discover alternative route options devised from the local knowledge of Hillwalk Tours - routes which you may not find in guidebooks.

ESSENTIALS

A waterproof map-case to keep your maps and documents dry, along with useful public transport information to help you plan your travel.

CONTACT

If you need to contact us, we're here 24/7.

ENJOYMENT

Explore local history and culture in our fascinating guides while discovering the most interesting attractions on the trail along with tips on the best places to eat and drink.

**HILLWALK
TOURS**

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EXPLORE WALES WITH US